



MANHATTAN

SPRING into Health Fair

WHEN

**Saturday, April 14th
10am to 4:30pm**

WHERE

**HARLEM CHILDREN'S ZONE
COUNTEE CULLEN PS 194**

244 West 144 Street New York, NY 10030

Call Contact at 212-234-4500 for more information or

RSVP: Nerline Poinvil/Camille Gill

Email: npoinvil@hcz.org /cgill@hcz.org

Spring Into Health Fair will engage, encourage, empower, and expose community residents to an array of holistic services. Participating Beacon sites will engage local community-based organizations and City agencies in each neighborhood.

Activities will focus on three topics: **awareness** and **education** (supplemental nutrition assistance, health insurance enrollment opportunities); **lifestyle information** (e.g., blood pressure, Diabetes Screening, dental screening); and **demonstrations** (e.g. Hula Hoop, Trap Yoga, Zumba, African Dance).



Council Member Ben Kallos
School Name: Countee Cullen

Principal Ms. Edwards

