

QUEENS

SPRING

into *Health Fair*

WHEN

Saturday, April 14th
10am – 4:30pm

WHERE

SUNNYSIDE COMMUNITY SERVICES
BEACON AT I.S. 5

50-40 Jacobus Street, Elmhurst NY 11373

Call Beacon at 718-663-7333

for more information or RSVP: FSANCHEZ@scsny.org

Spring Into Health Fair will **engage, encourage, empower, and expose** community residents to an array of holistic services. Participating Beacons and Cornerstone sites will engage local community-based organizations and City agencies in each neighborhood.

Activities will focus on three topics: **awareness** and **education** (supplemental nutrition assistance, health insurance enrollment opportunities); **lifestyle information** (e.g., blood pressure, vision, dental screening); and **demonstrations** (e.g., yoga, Zumba, CPR).

Council Member Daniel Dromm

School: Walter Crowley
Intermediate School
I.S. 5

Principal: Kelly Nepogoda

Come join us for fun and
engaging activities for the
whole family:

- Free health and exercise workshops
- Free health screenings and access to community resources such as SNAP Benefits
- Raffle, Prizes, and Free Refreshment!

Call our Beacon to RSVP and

learn more about

activities for the day!