



Council Member Karen Koslowitz

P.S 54Q The Hillside School

Anita Prashad- Principle

QUEENS

# SPRING into *Health Fair*



CityHEALTH

**WHEN**

**Saturday, April 14th  
10:00am-4:30pm**



**WHERE**

**P.S 54 ELEMENTARY SCHOOL**

**86-02 127<sup>th</sup> Street, Richmond Hill, NY, 11367**

**Call Casandra at 212-912-2218 for more information**

**or RSVP at [cferrante@ymcanyc.org](mailto:cferrante@ymcanyc.org)**



Spring Into Health Fair will engage, encourage, empower, and expose community residents to an array of holistic services. Participating Beacon sites will engage local community-based organizations and City agencies in each neighborhood.

Activities will focus on three topics: **awareness** and **education** (supplemental nutrition assistance, health insurance enrollment opportunities); **lifestyle information** (e.g., blood pressure, vision, dental screening); and **demonstrations** (e.g., yoga, Zumba, CPR).

