



Council Member: Mark Levine & Brian Benjamin

TA President: Carlton Davis

- ZUMBA FITNESS INSTRUCTOR
- FACE PAINTING
- RAFFLE PRIZES
- LIGHT REFRESHMENTS
- INFORMATION AND EDUCATION
- SPEAKERS
- & MUCH MORE.....

SPRING into Health Fair

WHEN
Wednesday, April 11th
6:30pm – 9pm

WHERE
GRANT CORNERSTONE
1301 Amsterdam Avenue
(124th Street and LaSalle Place) Manhattan, NY 10027
Call Director Jawn Anthony Bramble at 646-912-9662
For more information or RSVP: jbramble@mmcc.org

M.M.C.C @ Grant Cornerstone’s Spring Into Health Fair will engage, encourage, empower, and expose community residents to an array of holistic services. Participating Cornerstone sites will engage local community-based organizations and City agencies in each neighborhood.

Activities will focus on three topics: **awareness** and **education** (supplemental nutrition assistance, health insurance enrollment opportunities); **lifestyle information** (e.g., blood pressure, vision, dental screening); and **demonstrations** (e.g., yoga, Zumba, CPR).

OVERALL EVENING OF FUN WITH INFORMATION ON IMPROVING THE QUALITY OF YOUR LIFE!!

