

★YDI PBL 15-year-olds (Self-guided): Week 2 - Engage (Session 3 & Session 4)

NOTE: This is a “live” document. As you fill it in, the formatting will shift. Make adjustments to meet your needs.

 **Session 3**

Theme of the Session: Making Community Connections

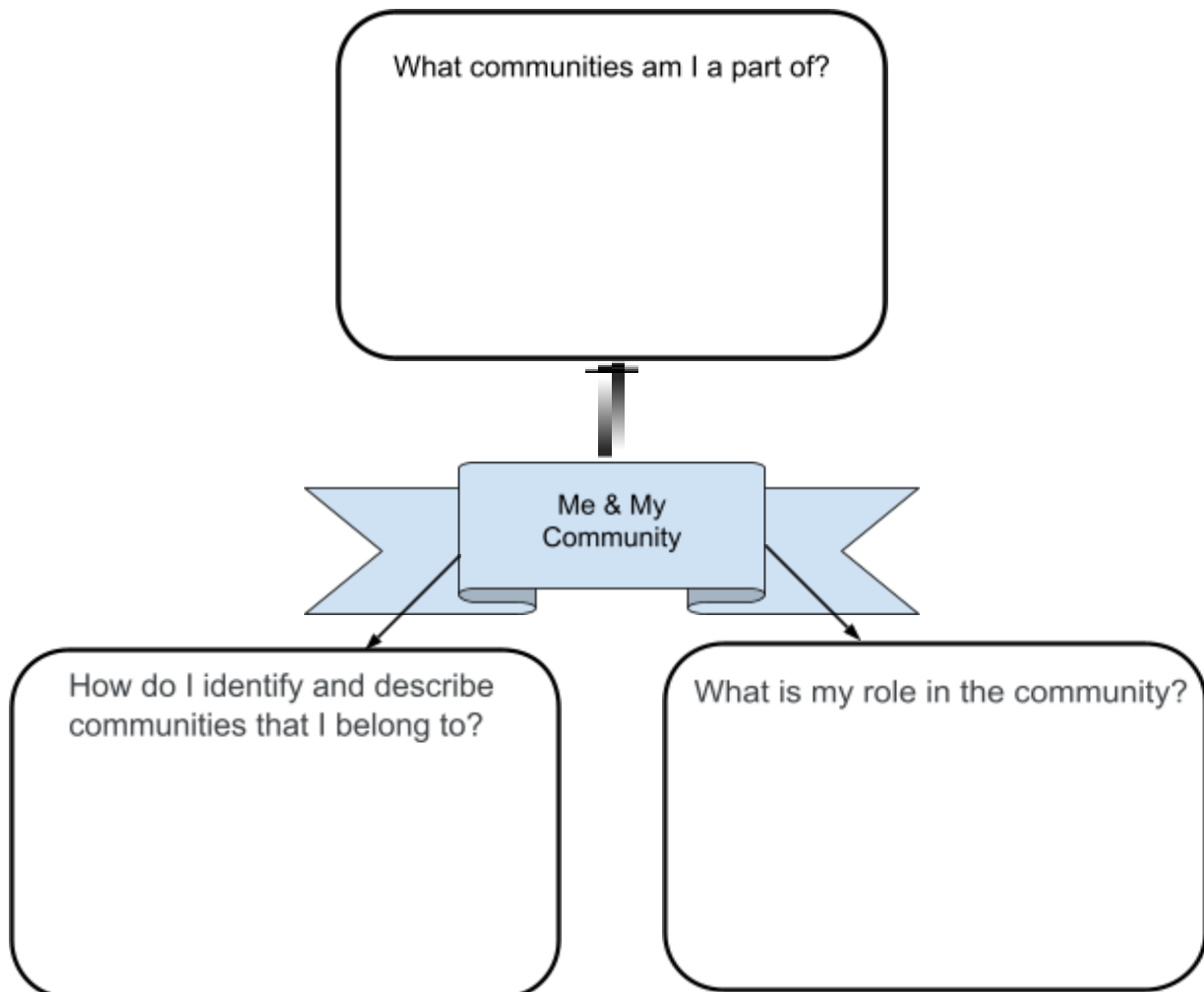
Portfolio Step 1: KWL Chart

Various Definitions of Community

Try to go beyond the dictionary definition. Click on at least 3 sources. If you don't find one that speaks to you, write your own or interview family members and friends.

1. [Resource 1](#)
2. [Resource 2](#)
3. [Resource 3](#)
4. [Resource 4](#)

Draw this yourself (take a picture) if you cannot print it. Check out this quote for inspiration: "I'm from where they ball and breed rhyme stars, I'm from Marcy, son, just thought I'd remind y'all"
-Jay Z



Portfolio Step 1 (continued): KWL Chart

What do you KNOW about the needs, challenges, or opportunities of that community?	What do you WANT to know?	What have you LEARNED ? (You can leave this blank for now)

Portfolio Step 2: Empathy Map

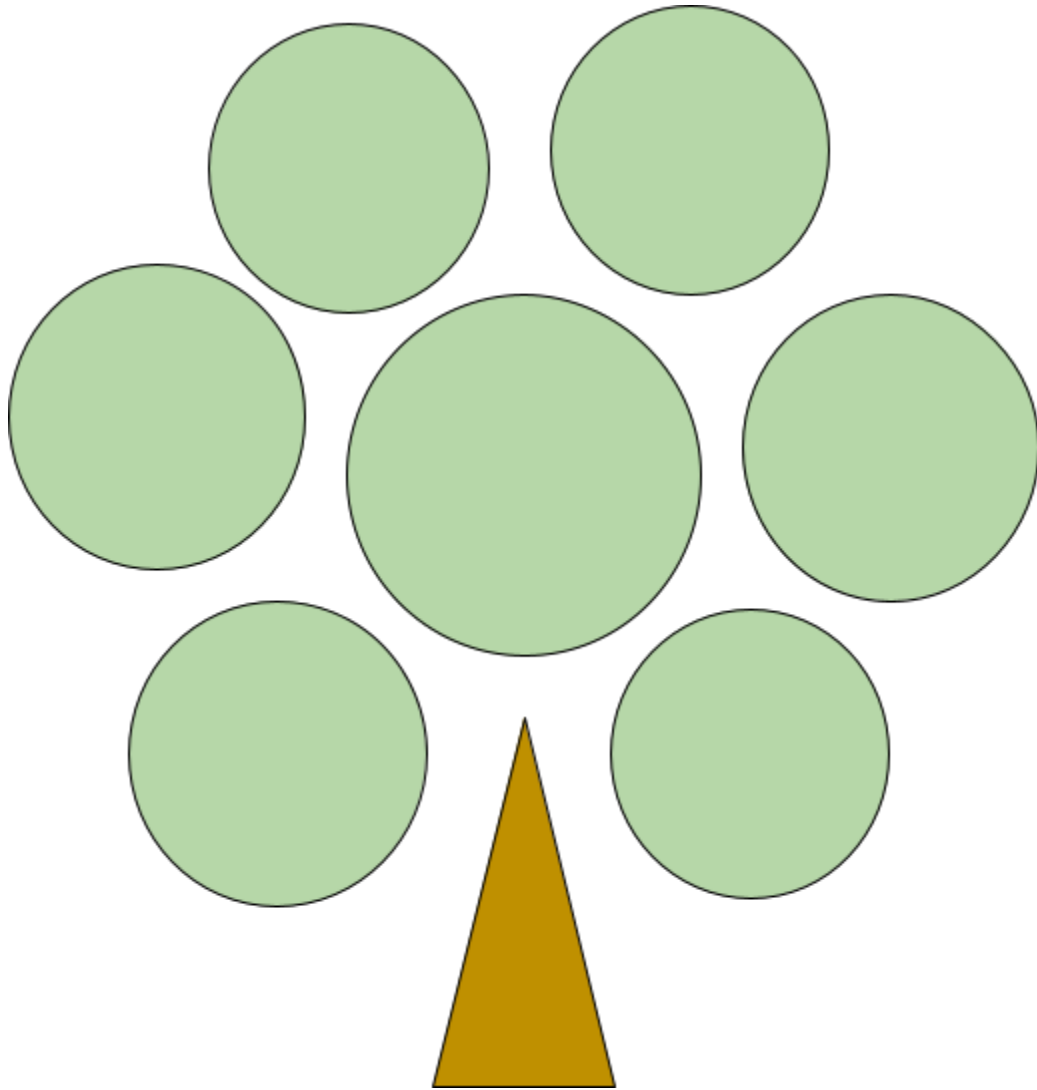
As a Designer, you will need to understand the people you are designing for and the problem you want to solve. To begin to ground you in the Design Thinking process and talk about community values, you first need to identify what matters to you. Complete the values tree.

While you're doing this, consider: What values are most important to you, and which are least important? How do your values fit into your educational or future career goals? How do your values impact your community?

<p>Use this space to reflect:</p>
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Use your reflection to complete the Values Tree on the next page!

Portfolio Step 2 (continued):



Values Tree¹

Draw this yourself if you cannot print it.

Portfolio Step 2 (continued): Empathy Map

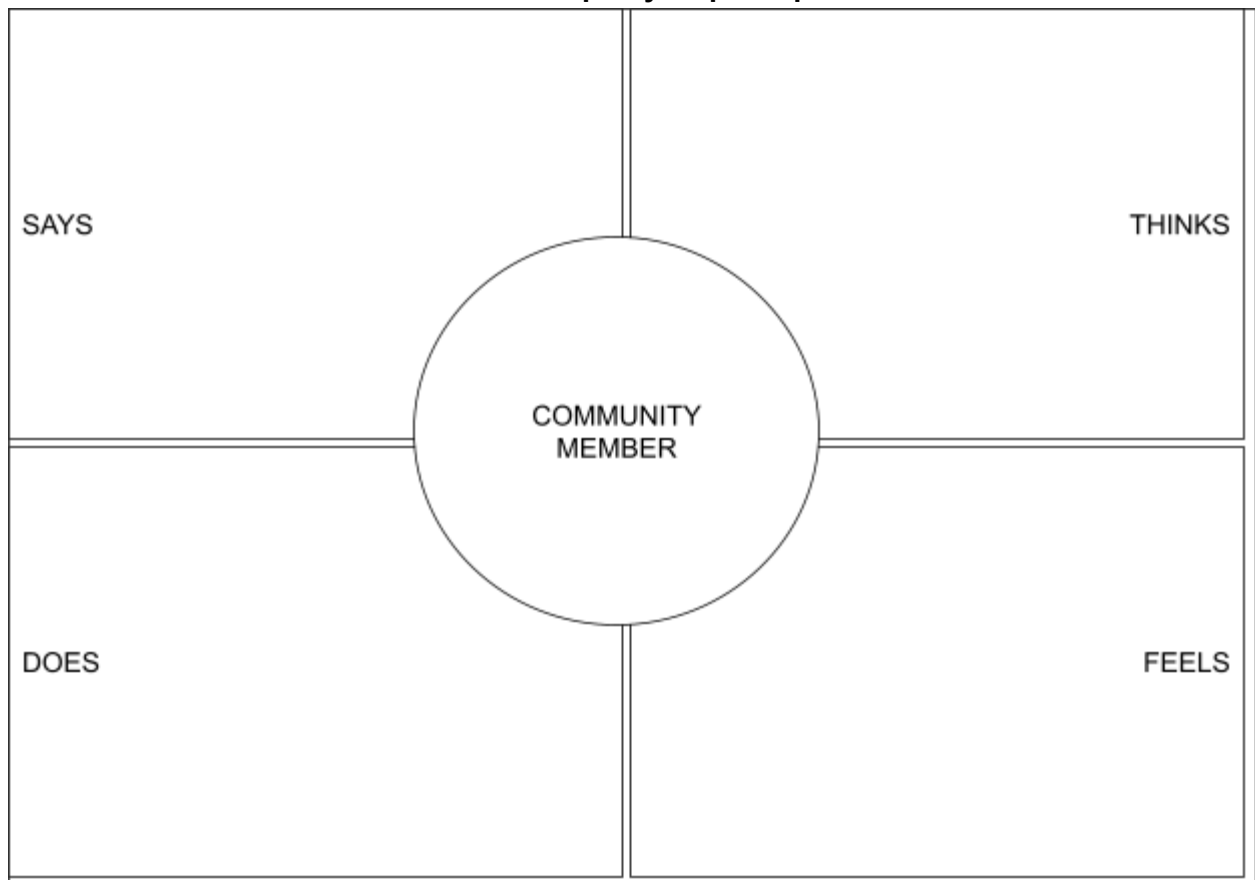
Next, start to think about your community's values, strengths, and challenges. This is the Empathize phase of Design Thinking. Check out [this link](#) to learn more and complete the

¹ Adapted from Advocates for Youth, Youth Activist ToolKit.

[Empathy map](#)² below:

Empathy Map

Use the link below to connect to the Empathy Map Template.



² Adapted from: <https://www.solutionsiq.com/resource/blog-post/what-is-an-empathy-map/>

Portfolio Step 3: Career Plan: Goal Setting

Now, take a moment to reflect on the things you know and want to know about the needs, challenges, and opportunities of your chosen community, your values, and your career goals.

- Use the [Career Action](#) plan (at the back of the Workbook) to complete short-term and long-term goals for you and your community. Check out [this video](#) to jump-start your work.

While you're doing this, remember to list your personal goals and how these goals could make a big impact in your community. Consider how your industry of interest interacts with your community.

Portfolio Step 1: Relationship Map

Relationship Mapping: Personal and Professional Connections

Who are your people? Who are the people that you turn to? Who are the people whose behaviors you value?

On a piece of paper, draw a circle and put your name in it. As you think about the prompts below, please create a visual map of the people who form a web of support for you.

Note: This exercise is for your eyes only. We will not be sharing our maps with each other so be as honest as possible when creating them.

★ **Who do you turn to when:**

- you're feeling excited, hopeful, inspired...Why?
- you're feeling sad, discouraged, lonely...Why?
- you're feeling content, relaxed, fulfilled...Why?
- you're feeling enraged, anxious, restless...Why?
- you need someone who will make you laugh (and possibly distract you)
- you need someone who will hold space and listen without sharing their own experiences...Why?
- you are seeking advice...Why?
- you want to feel connected to someone

★ **Outside of the relationships you identified, who are people or places, that have demonstrated the following characteristics:**

- **Trust** --someone who made you feel as if can be open and honest in your thoughts and actions, and you don't have to waste time and energy "watching your back."
- **Mutual Respect** – you valued their input and ideas, and they valued yours. Working together, you can develop solutions based on your collective insight, wisdom, and creativity.
- **Mindfulness** – someone who takes responsibility for their words and actions. Those who are mindful are careful and attend to what they say, and they don't let their own negative emotions impact the people around them.
- **Welcoming Diversity** – someone who not only accepts diverse people and opinions but welcomes them.
- **Open Communication** –someone who provided open, honest communication.
- **Responsibility**--someone who promises something, and is sure you keep their word.

Now, think about your relationships with all of the people on your map. In your workbook, create a list of elements from both lists you believe define a positive relationship--this will be your code of professionalism. Your code of professionalism is how you want to represent yourself in your work experiences. Who you want to be and what behaviors you want to value?

Portfolio Step 2: Your Style Communication Reflection

Learning More About Your Communication Style

“Very often our so-called weaknesses are nothing more than strengths pushed to excess. Confidence turns into arrogance, flexibility turns to inconsistency, trust turns to gullibility and analysis turns into paralysis.”

--Stuart Atkins
The Name of Your Game

When working as part of a group, whether it is at school, in your community, or in the workplace, you bring a certain style of communication with you. Take the Communication Assessment using the link on the Website (Session 4, Step 2).

- What is your predominant style?

Now, this doesn't mean that you can't also use other communication styles. In fact, you may switch your communication style depending on where you are. For example, when you are

hanging out with your friends, you may be more of a demonstrator; but in school, you may be more of a contemplator. (continued on the next page!)

Look at your top communication style? Do you agree with it? Why? What would your friends or family say?

Do you agree with the negative things that may happen when you overuse your communication style? What would your friends and family say?

Complete the traffic light reflection. What are some things about my communication style that are strengths to continue? What are some aspects of my style that I have to be careful of not doing too much? What are some aspects of my communication style that I have to avoid doing?

Portfolio Step 3: Digital Presence Action Plan

You will review and revise your digital footprint and create a Digital Presence Action Plan.

Digital Footprint: Through The Eyes of an Employer

More and more, the first thing employers do when you apply for a job is to check your digital footprint. Pretend for a moment that you've applied for a job, or that you are scheduled to meet with someone to help you with your summer project. **Review the following elements of your digital footprint through the eyes of this employer or community member who has never met you before:**

- ★ Your email address
- ★ Google your name
- ★ Find yourself on Facebook. What pops up? What Photos pop up? What other posts are you tagged in?
- ★ Find yourself on Instagram--review what you have posted

- ★ Find yourself on Twitter--review what you have tweeted. What you have retweeted that could misrepresent you?

Review your phone's outgoing message.

- What did you notice?
- Are there any things that, taken out of context, could represent you differently than you would like to be represented? Record your answers using the space below:

Now, email or call at least one person from your Relationship Map. Ask them to review your digital print in the same way you did. Ask them for feedback on how you are represented. **Take notes on what they notice!**

Finally, based on your review and your network's feedback:

- ★ Are there any things you would like to change?

- ★ Do you need to strengthen your privacy settings?

Be sure to submit all your work for Week 2!