

invites you to

Spring *into* Health

A commitment to community.

WHEN

Saturday, May 18th
11am – 5pm

WHERE

COMMUNITY MATH SCIENCE PREP

401 West 164th Street, Manhattan, NY 10032

Contact Warner Uribe at 212-795-9511 for more information

“Spring Into Health Fair” will engage, encourage, empower, and expose community residents to an array of holistic services. Participating sites will engage local community-based organizations and City agencies in each neighborhood.

Activities will focus on three topics: **awareness** and **education** (supplemental nutrition assistance, health insurance enrollment opportunities); **lifestyle information** (e.g. Blood pressure, vision, dental screening); and **demonstrations** (e.g. Yoga, Zumba, CPR).

Health Screenings & Insurance Enrollment Information

Demonstrations & Performances

Information and resources for the entire family!

Raffles & Giveaways!!

Food!!

Music!!

