

invites you to

Spring *into* Health

A commitment to community.

WHEN

Saturday, May 18th
11am – 4pm

WHERE

P.S./I.S. 224
345 Brook Avenue, Bronx, NY 10454

Contact Bernardo Hernandez at 646-996-5501 for more information!

“Spring Into Health: A commitment to community” will engage, encourage, empower, and expose community residents to an array of holistic services. Participating sites will engage local community-based organizations and City agencies in each neighborhood.

Activities will focus on three topics: **awareness** and **education** (supplemental nutrition assistance, health insurance enrollment opportunities); **lifestyle information** (e.g. Blood pressure, vision, dental screening); and **demonstrations** (e.g. Yoga, Zumba, CPR).

Bombazo

Martial Arts

ASPCA

Lenscrafters

Boogie Down Books

