

invites you to

# Spring *into* Health

A commitment to community.

## WHEN

**Saturday, May 18th**  
**11am – 3pm**

## WHERE

**DREW HAMILTON COMMUNITY  
CENTER**

**220 West 143rd Street, Manhattan, NY 10030**

**Contact TaShana Pace at 914-575-7380 for more  
information**

“Spring Into Health Fair” will **engage, encourage, empower, and expose** community residents to an array of holistic services. Participating sites will engage local community-based organizations and City agencies in each neighborhood.

Activities will focus on three topics: **awareness and education** (supplemental nutrition assistance, health insurance enrollment opportunities); **lifestyle information** (e.g. Blood pressure, vision, dental screening); and **demonstrations** (e.g. Yoga, Zumba, CPR).

### Community Connect

Come join PSA 6 and 32<sup>nd</sup> precinct Community Affairs Officer for an information session

### Cooking up Healthy Snacks

Demonstration by local restaurant owner and chef!

### Summer Camp

Information and registration table for summer!

### SAGE

Advocacy Services for LGBT Elders

### Let's Get Moving

Exercise and dance demonstration by P.U.S.H

**the children's  
village**