



Department of
Youth & Community
Development

invites you to

Spring *into* Health

A commitment to community.

WHEN

Saturday, May 18th
11am – 4pm

WHERE

JACOB RIIS COMMUNITY CENTER

80 Avenue D, Manhattan, NY 10009

**Contact Dru Pena at 347-443-0174 for more
information**

“Spring Into Health Fair” will **engage, encourage, empower, and expose** community residents to an array of holistic services. Participating sites will engage local community-based organizations and City agencies in each neighborhood.

Activities will focus on three topics: **awareness and education** (supplemental nutrition assistance, health insurance enrollment opportunities); **lifestyle information** (e.g. Blood pressure, vision, dental screening); and **demonstrations** (e.g. Yoga, Zumba, CPR).

**Boxing/Dance/Nutrition
Workshops**

Come move and shake with us!

Bouncy Castle

Face painting for the kids

Arts and Crafts Tables

Food and Music

125 YEARS



**HENRY STREET
SETTLEMENT**

