

invites you to

Spring *into* Health

A commitment to community.

WHEN

Friday, May 17th
4pm – 6pm

WHERE

African Refuge

141 Park Hill Avenue, Staten Island, NY 10304

Contact Kim Michaud at 718-701-4055 for more
information

“Spring Into Health Fair” will engage, encourage, empower, and expose community residents to an array of holistic services. Participating sites will engage local community-based organizations and City agencies in each neighborhood.

Activities will focus on three topics: **awareness** and **education** (supplemental nutrition assistance, health insurance enrollment opportunities); **lifestyle information** (e.g. Blood pressure, vision, dental screening); and **demonstrations** (e.g. Yoga, Zumba, CPR).

Health Screenings & Insurance
Enrollment Information

Demonstrations & Performances

Information and resources for
the entire family!

Raffles & Giveaways!!

Food!!

Music!!

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