

invites you to

# Spring *into* Health

A commitment to community.

**WHEN**

**Saturday, May 18th**  
**11am – 3pm**

**WHERE**

**I.S. 68 ISAAC BILDERSEE SCHOOL**

**956 East 82nd Street, Brooklyn, NY 11236**

**Contact Julie Sooknanan at 718-241-3847 for more  
information**

“Spring Into Health Fair” will **engage, encourage, empower, and expose** community residents to an array of holistic services. Participating sites will engage local community-based organizations and City agencies in each neighborhood.

Activities will focus on three topics: **awareness** and **education** (supplemental nutrition assistance, health insurance enrollment opportunities); **lifestyle information** (e.g. Blood pressure, vision, dental screening); and **demonstrations** (e.g. Yoga, Zumba, CPR).

**Health Screenings & Insurance  
Enrollment Information**

**Demonstrations & Performances**

**Information and resources for  
the entire family!**

**Raffles & Giveaways!!**

**Food!!**

**Music!!**

