

invites you to

# Spring *into* Health

A commitment to community.

## WHEN

**Saturday, May 18th**  
**11am – 4:30pm**

## WHERE

**DAVIDSON COMMUNITY CENTER**

**1221 Prospect Avenue, Bronx, NY 10459**

**Contact Andrea Rios at 718-576-1940 for more  
information**

“Spring Into Health Fair” will **engage, encourage, empower, and expose** community residents to an array of holistic services. Participating sites will engage local community-based organizations and City agencies in each neighborhood.

Activities will focus on three topics: **awareness and education** (supplemental nutrition assistance, health insurance enrollment opportunities); **lifestyle information** (e.g. Blood pressure, vision, dental screening); and **demonstrations** (e.g. Yoga, Zumba, CPR).

## Mighty Road Runners Obstacle Course

All ages are welcome in this activity!

## Hopscotch Guess the Vegetable

Come test your skills at guessing the vegetable and what it's good for!

## Bounce the Pong

Interactive game for all ages! Win a goldfish.

## Bracelet Making Class

Arts and crafts activity. All ages welcome.

## Face Painting

