

NYC

Emergency Management

Resolve to Be Ready Calendar

<p>JAN</p>	<p>Resolve to Be Ready - Sign up for Notify NYC</p>	<p>As the new year begins, think about how you will be prepared during 2016. The first part of being prepared is being informed. The easiest way to do that is signing up for Notify NYC, the City of New York's official emergency communications program. By signing up, you will receive information that matters most to you — from severe weather to street closures to public health — the way you want to receive it. Best of all, it's free!</p> <p>Sign up today: https://a858-nycnotify.nyc.gov/notifynyc/</p>
<p>JAN_2</p>	<p>Be Ready, Be Mobile</p>	<p>The best way to be prepared is to have a plan. If you don't think you have the time, think again: NYC Emergency Management's Ready NYC app allows users to make their plan on the go with their smartphone or tablet. Once the plan is complete, you can share it with family and friends. If you're not tech-savvy, that's okay: you can get a hardcopy of the Ready New York: My Emergency Plan workbook (and other resources) by calling 311.</p> <p>Access Ready New York guides and resources: http://www1.nyc.gov/site/em/ready/guides-resources.page</p>
<p>FEB</p>	<p>Chill Out and Winterize Your Supplies</p>	<p>Whether the weather is cold or hot, different emergencies may occur as the seasons change. The trick is knowing how to handle each one. This season, make sure you winterize your emergency plan. Get started by including new emergency supplies to your home, Go Bag, and car. Add such items as warm socks, gloves, a hat, and blankets, so you are prepared whether staying put or heading out.</p> <p>Find more information on winter weather preparedness: http://www1.nyc.gov/site/em/ready/winter-weather-prep.page</p>

<p>FEB_2</p>	<p>Furry Kids Matter, Too</p>	<p>Pets are members of the family, so don't leave them out of your emergency plan. Take some time to think about how you will protect your pet in the event of an emergency:</p> <ul style="list-style-type: none"> -Record important information about your pet so that you can easily access it during a disaster. -Think about where you will go with your pet and how you will get there if you have to leave home during an emergency. If an emergency prevents you from getting home to them, consider what you will do to keep them safe. -Gather supplies that are best suited for your pet's needs. <p>While you make your plan, let the Ready New York: My Pet's Emergency Plan guide you. To get your copy, visit: http://www1.nyc.gov/site/em/ready/guides-resources.page#pets_plan</p>
<p>MAR</p>	<p>Become a Flu Fighter</p>	<p>Being prepared for anything includes fighting off the flu! Believe it or not, flu can happen in the early spring, too. The best way to protect yourself is with the vaccination. Aside from vaccinations there are also small adjustments to your daily habits that can help keep you and those around you healthy: washing your hands often with soap and water, and covering your mouth and nose when you sneeze with a tissue or the inside of your elbow (NOT your hands!). If you do get sick, make sure to stay home from school or work and don't return until you're fever free for at least 24 hours.</p> <p>For more information about what you can do to stay flu free visit: http://www.nyc.gov/flu.</p>
<p>MAR_2</p>	<p>Mind Your Own Business (Preparedness)</p>	<p>Emergencies don't just happen at home; it's also important to protect your business. Whether you run a public, private, community or nonprofit organization, preparing is a way to ensure that you are able to return to normal operations as quickly as possible. The Ready New York for Business guide and toolkit can make that possible by helping you put together an emergency plan to protect your business. Share the plan with your employees so everyone knows what to do in the event of an emergency.</p> <p>To find more information visit: NYC.gov/preparemybusiness To fill out your own Ready New York for Business guide and toolkit, visit: http://www1.nyc.gov/site/em/ready/guides-resources.page#business_guide</p>

<p>APR</p>	<p>Challenge Your Preparedness Level</p>	<p>Are you ready for the next emergency? Put your emergency planning skills to the test with NYC Emergency Management's Readiness Challenge, an interactive tool that guides you through real-life emergency situations by outlining steps you can take to be prepared. After you've tested yourself, see if your friends and family have what it takes to be emergency planning experts.</p> <p>Put your skills to test: http://www.nycreadinesschallenge.org</p>
<p>APR_2</p>	<p>Meet on the Street (or Wherever Works Best)</p>	<p>New Yorkers are always on the go, and being separated from your loved ones is possible during an emergency. Setting up meeting places for you and your loved ones to find each other is an important part of your emergency plan. Select two places to meet up: one located near your home and one located outside of your neighborhood. Try to choose places that are indoors and have heating or air-conditioning (depending on the season). Some ideas are libraries, community centers, and houses of worship closest to you, but feel free to get creative and choose places that matter most like your local pizzeria.</p>

<p>MAY</p>	<p>Be Wise & Help Each Other Out</p>	<p>Regardless of your age, you don't want to go through an emergency alone. We all need someone we can lean on. Here's a pearl of wisdom: consider creating a support network that you can rely on — and they can rely on you — during a disaster. Your support network should:</p> <ul style="list-style-type: none"> -Stay in contact during an emergency. -Check on each other immediately after an emergency. -Keep spare sets of your keys. -Know where your emergency supply kit is kept. -Have copies of important documents, such as information about medication and dosage, equipment, and other needs. -Learn about your personal needs and how to help you in an emergency. <p>Remember: your support network doesn't have to include family members; you can ask friends, neighbors, caregivers, coworkers, and/or members of your community groups, too.</p> <p>To find out how to get ready for your needs, visit the Get Prepared page: http://www1.nyc.gov/site/em/ready/get-prepared.page</p>
<p>MAY_2</p>	<p>Know Your Zone</p>	<p>NYC may be gearing up for the summer season, but you also should think about preparing for hurricanes. After all, the Atlantic hurricane season begins June 1. Take the first step by finding out whether you live or work in one of the City's six hurricane evacuation zones. Visit NYC.gov/knowyourzone — a one-stop shop for everything you need to know about hurricanes in New York City, including the hazards you may face, and what to do to prepare. While New York is most at risk for tropical storms and hurricanes from August to October, the time to be ready is now.</p>

<p>JUN</p>	<p>Call on Me from Outside NYC</p>	<p>When an emergency strikes, who are you going to call? During an emergency, one the first things that people think of is contacting their family and friends, but oftentimes we forget that local phone lines can be overwhelmed (especially in a city with more than 8 million people). In many instances, however, long-distance calls (and text messages) will still go through when local lines are busy. By picking an out-of-area contact (a friend or relative who lives outside of New York City), you can stay connected with your loved ones. So when is the right time to talk with your loved ones about getting in touch during a disaster? The answer is now.</p>
<p>JUN_2</p>	<p>Keep Kids Ready Even When School's Out</p>	<p>Keeping everyone involved can help you make the best emergency plan for your family. Get started by picking a night to come together to discuss each person's role and responsibilities if a disaster strikes. If you have children, make sure they are Ready New Yorkers: young children should know how to spell their first and last names and have important phone numbers memorized, while older children should know all meeting places and out-of-state contacts.</p> <p>Download the Ready New York resources for kids: http://www1.nyc.gov/site/em/ready/guides-resources.page#kids_guide</p>
<p>JUL</p>	<p>Food Prep for Power Outages</p>	<p>While you are shopping for your summer get-togethers, don't forget to add a few emergency meal supplies to your cart. After all, power usage is at its peak during the hot summer months. If your electrical power is cut off, food in your refrigerator and freezer will spoil. Here are some items that you may want to have on hand, regardless of the season:</p> <ul style="list-style-type: none"> -Canned or packaged foods that require minimal water, preparation and cooking. -Clean plastic containers to store one gallon of water for each person per day. (They also can be used to make ice!) -Disposable cups, plates, napkins, and utensils (e.g., forks, spoons, and knives), and a manual can opener. -Trash bags, aluminum foil, and plastic bags for food storage. <p>For more information about preparing for power outages, visit the Plan for Hazards page: http://www1.nyc.gov/site/em/ready/utility-disruptions.page#power_outages</p>

<p>JUL_2</p>	<p>Be Cool for the Summer & Beat the Heat</p>	<p>As the summer comes into full swing, it's time to start thinking about one of its biggest hazards: extreme heat. Even though we might embrace the warmer weather with open arms, extreme heat has its dangers. Check out NYC Emergency Management's Beat the Heat video (https://www.youtube.com/watch?v=AhZUr4muz1U) and website (nyc.gov/beattheheat) for information and tips on how to stay safe and cool this summer.</p>
<p>AUG</p>	<p>Ready New York quiz</p>	<p>Being prepared is a reward in itself, but you can also win a prize for being a Ready New Yorker. That's right: when you take the Ready New York quiz, you will be entered into a raffle to win your very own Go Bag (as long as you answer all of the questions correctly). So what are you waiting for? Put your emergency preparedness skills to the test and take the quiz today: http://www1.nyc.gov/site/em/ready/rny-contests.page</p>
<p>AUG_2</p>	<p>Join Your Local CERT</p>	<p>Emergencies happen every day in New York City, and even the finest first responders could use a little community assistance from time to time. Get involved by becoming part of the New York City Community Emergency Response Team (CERT) program. Members go through intensive training to learn the basic response skills needed for fire safety, light search and rescue, disaster medical operations, and traffic control. What's more, CERTs educate their communities about emergency preparedness and offer support during emergency events.</p> <p>For information on how to join NYC CERT: http://www1.nyc.gov/site/em/community_business/nyc-cert-join.page</p>

<p>SEPT</p>	<p>Practice Your Plan During National Preparedness Month</p>	<p>With National Preparedness Month under way, now is the time to make sure you and your family have an emergency plan that works. How do you do that? Practice! Conduct a drill with your loved ones, but have fun by creating your own emergency and going through the steps of your plan just as you would during a real event — get in touch with your out-of-state contact, grab your Go Bags, and lastly, meet at one of your meeting places. Afterwards, discuss what went well and what could be done differently.</p>
<p>SEPT_2</p>	<p>Know When to Stay or Go</p>	<p>What's the best action to take: stay put or evacuate? The answer isn't always so clear, but your emergency plan should include steps to take for either situation. Here are a few helpful hints that can help you make the best decision for you and your loved ones.</p> <p>-Evacuation is used as a last resort when a serious threat to public safety exists. Your first plan should always be to stay with friends or family outside of the affected area. Evacuate if you are in immediate danger, or told to do so by officials.</p> <p>-Some emergencies may require you to stay where you are, or "shelter in place." The order could be as simple as staying home while hazards (such as snow) are cleared or it could require more action from you involving contaminated air. Important tip: if your children are at school, do not pick them up until the shelter-in-place orders have been lifted. School officials have shelter-in-place procedures. You will only endanger yourself by leaving a safe area during the emergency.</p>
<p>OCT</p>	<p>Get Ready to Shake Out</p>	<p>Are you earthquake ready? Earthquakes may not occur often in New York City, but everyone should know how to protect themselves. Practice your earthquake preparedness at home, school or work by taking part in the Great ShakeOut, an annual opportunity to practice earthquake safety. All you have to do is drop, cover, and hold on: drop to the ground, take cover under a sturdy piece of furniture (like a table or desk), and hold on (and stay down until the shaking stops).</p> <p>Find out how you can take part in the Great ShakeOut: http://shakeout.org/howtoparticipate/</p>

<p>OCT_2</p>	<p>Protect What's Yours</p>	<p>Being prepared for natural and man-made disasters is important, but there is one man-made hazard that slides off our radar — cyber security. With the Internet and technology being such a big part of our lives, it's important to learn some basic cyber security practices to stay safe online: set strong passwords and don't share them; keep your operating system updated; limit the amount of personal information you share online; and encourage conversation about Internet safety with your family, friends and loved ones.</p> <p>Visit DHS' Stop.Think.Connect. campaign online for tips and resources: http://www.DHS.gov/StopThinkConnect</p>
<p>NOV</p>	<p>Change Your Clocks, Check Your Supplies</p>	<p>Daylight saving time ends this weekend. As you get ready to fall back, don't fall behind on having up-to-date supplies. Take a look at the supplies you have in your emergency supply kit and your Go Bag. Replace any items that may have expired, including food, water, and the batteries in your flashlight and radio, and add items that may be missing. For a full list of what to include, check out NYC Emergency Management's Gather Supplies page: http://www1.nyc.gov/site/em/ready/gather-supplies.page</p>
<p>NOV_2</p>	<p>Take the Wheel & Ready Your Vehicle</p>	<p>Winter is coming. It's time to add the winter jackets, hats, and gloves to your wardrobe, but your car could use some extra supplies as well. Before the rubber meets the road, have your vehicle's battery, antifreeze, and thermostat checked, and add an emergency supply kit to your car. For the cold winter months, consider adding items such as blankets, extra clothing (including scarves, gloves, and hats), sack of sand (or cat litter) for traction under wheels, and brightly colored cloth to use as a flag.</p> <p>For more tips to get your vehicle ready for the winter visit: http://www1.nyc.gov/site/em/ready/winter-weather-prep.page</p>

<p>DEC</p>	<p>Light the Way</p>	<p>In the spirit of the holiday season, remember to practice fire safety. Whether you cozy up by the fireplace, or use candles for decorative or religious purposes, make sure you're being safe. If you have a working fireplace, use it for heat and light, but keep it clean and keep the damper open for ventilation. For candles, avoid placing them near curtains or other flammable materials, and make sure they're in secure holders. During emergencies, remember: flashlights are a safer and longer-lasting alternative to candles.</p> <p>Find more tips on fire and candle safety, visit the FDNY online: http://www.nyc.gov/html/fdny/html/safety/fire_safety_downloads.shtml</p>
<p>DEC_2</p>	<p>Resolve to Be Ready in 2017</p>	<p>If you've followed the tips and reminders throughout the year then you are much more prepared than you were in January. Share your knowledge with your friends and family by giving them the gift of preparedness. Put together a Go Bag for each of your loved ones, complete with a copy (or two) of the Ready New York: My Emergency Plan so they can be prepared just like you. Take an extra step and sign them up for our 2017 Resolve to Ready calendar!</p>