

A PROPOSAL FOR SEASON #3 of the GRACIE BOOK CLUB

A sampling for discussion (*alphabetized by author surname within each category*)

Fiction

I Never Promised You a Rose Garden by Deborah Blau

The Hours by Michael Cunningham

The Marriage Plot by Jeffrey Eugenides

Faces in the Water by Janet Frame

Ordinary People by Judith Guest

One Flew Over the Cuckoo's Nest by Ken Kesey

She's Come Undone by Wally Lamb

The Bell Jar by Sylvia Plath (aka Victoria Lucas)

The Snake Pit by Mary Jane Ward

Disturbing the Peace by John C. Wilder

Lowboy by John Wray

Memoirs/Biography

The Quiet Room by Amanda Bennett and Lori Schiller

Brain on Fire: My Month of Madness by Susannah Cahalan

Unholy Ghost (an anthology of 22 authors' essays) Edited by Neil Casey

Manic: A Memoir by Terri Cheney

Willow Weep for Me: A Black Woman's Journey through Depression by Meri Nana-Ama Danquah

Hunger: A Memoir of (My) Body by Roxanne Gay

A Drinking Life by Pete Hamill

Wasted: A Memoir of Anorexia and Bulimia by Marya Hornbacher

An Unquiet Mind: A Memoir of Moods and Madness by Kay Redfield Jamison

Girl Interrupted by Susanna Kaysen

Musical Chairs by Jan Knox

Blue Genes by Christopher Lukas

Trouble in My Mind by Matholde Monaque

Loud in the House of Myself: Memoir of a Strange Girl by Stacy Pershall

Lucky by Alice Sebold

Darkness Visible by William Styron

Prozac Nation by Elizabeth Wurtzel

Nonfiction/History/Research/Public Policy Blueprints

The Man Who Couldn't Stop: OCD, and the True Story of A Life Lost in Thought by David Adam

The Savage God: A Study of Suicide by A. Alvarez

Lay My Burden Down: Unraveling Suicide and the Mental Health Crisis among African-Americans
by Amy Alexander and Alvin Francis Poussaint

Gracefully Insane: The Rise and Fall of America's Premier Mental Hospital by Alex Beam

In and Out of Our Right Minds: The Mental Health of African-American Women; Edited by Diane Brown and Verna Keith

African Americans and Depression: Signs, Awareness, and Interventions by Julia Hastings, Lani Jones, and Pamela Martin

Standing in the Shadows: Understanding and Overcoming Depression in Black Men by John Head

Saving Our Last Nerve: The Black Woman's Path to Mental Health by Marilyn Martin

The Lives They Left Behind: Suitcases from a State Hospital Attic by Darby Penney (et al.)

Insane: America's Criminal Treatment of Mental Illness by Alisa Roth

The Man Who Mistook His Wife for a Hat and Other Clinical Tales by Oliver Sacks

Madhouse: A Tragic Tale of Megalomania and Modern Medicine by Andrew Scull

Madness in Civilization: A Cultural History of Insanity, from the Bible to Freud, from the Madhouse to Modern Medicine by Andrew Scull

Is There No Place on Earth For Me? by Susan Sheehan

The Noonday Demon: An Atlas of Depression by Andrew Solomon

My Age of Anxiety : Fear, Hope, Dread, and the Search for Peace of Mind by Scott Stossel

American Psychosis: How the Federal Government Destroyed the Mental Illness Treatment System by E. Fuller Torrey

Asian Americans: Personality Patterns, Identity , and Mental Health by Laura Uba

Mad in America: Bad Science, Bad Medicine and the Enduring Mistreatment of the Mentally Ill by Robert Whitaker