

Get the Services You Need to Remain Safely In Your Home During the COVID-19 Crisis

During this difficult time, the City of New York wants to make sure you have access to free services and support. Help is available.

For a complete list of services, visit nyc.gov/coronavirus or call 311

✓ FOOD ASSISTANCE

- For free pick-up meals and emergency home food delivery, visit nyc.gov/getfood

✓ HEALTH AND WELLBEING

- For help coping, visit nyc.gov/nycwell. If your symptoms become overwhelming, you can speak with a counselor 24/7 by calling **1-888-NYC-WELL** or texting “WELL” to **65173**
- For free social check-in calls from a volunteer, seniors can call Aging Connect at **1-212-244-9469**

✓ SAFETY

- If you do not feel safe at home, call NYC’s 24-hour Domestic Violence hotline at **1-800-621-4673** or visit nyc.gov/nychope for resources
- Seniors who feel pressured, bullied or scared by anyone can call the Aging’s Resource Center at **1-212-442-3103** (9am-5pm)
- Call **911** in an emergency

✓ FINANCIAL SUPPORT

- For free financial counseling by phone, visit nyc.gov/TalkMoney
- For free help filing your taxes, visit nyc.gov/taxprep
- All eviction proceedings in NYC are suspended indefinitely, and utilities cannot be shut off for missing payments during the COVID-19 crisis. For more information, call **311**.
- To apply to receive benefits while staying home, including the Supplemental Nutritional Assistance Program (SNAP), Cash Assistance (CA), and up to \$900 in financial assistance to cover funeral expenses, visit nyc.gov/accessHRA



Health

Department for
the Aging

Department of
Housing Preservation
& Development

Mayor’s Office of
ThriveNYC

Mayor’s Public
Engagement Unit

Mayor’s Office to
End Domestic and
Gender-based Violence