### Manhattan

### **Community Board 3**

### **Mental Health Resources**

Survey Results May 2023

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## **Overview of Mental Health**

### Services

16 Organizations (listed below), with a total of 21 locations (seen on page 3 + 4), provide mental health services for the CB3 District.

1.ACMH, Inc

2. Bowery Residents' Committee

3.Bridge House

4.CARES

5. Community Access, Inc

6.Educational Alliance, Inc

7. Gouverneur Health

8.Hamilton-Madison House, Inc

9.Henry Street Settlement

10. Housing Works, Inc

11. Lower East Side Service Center

12. Project Renewal

13.St.Mark's Place Institute for Mental Health

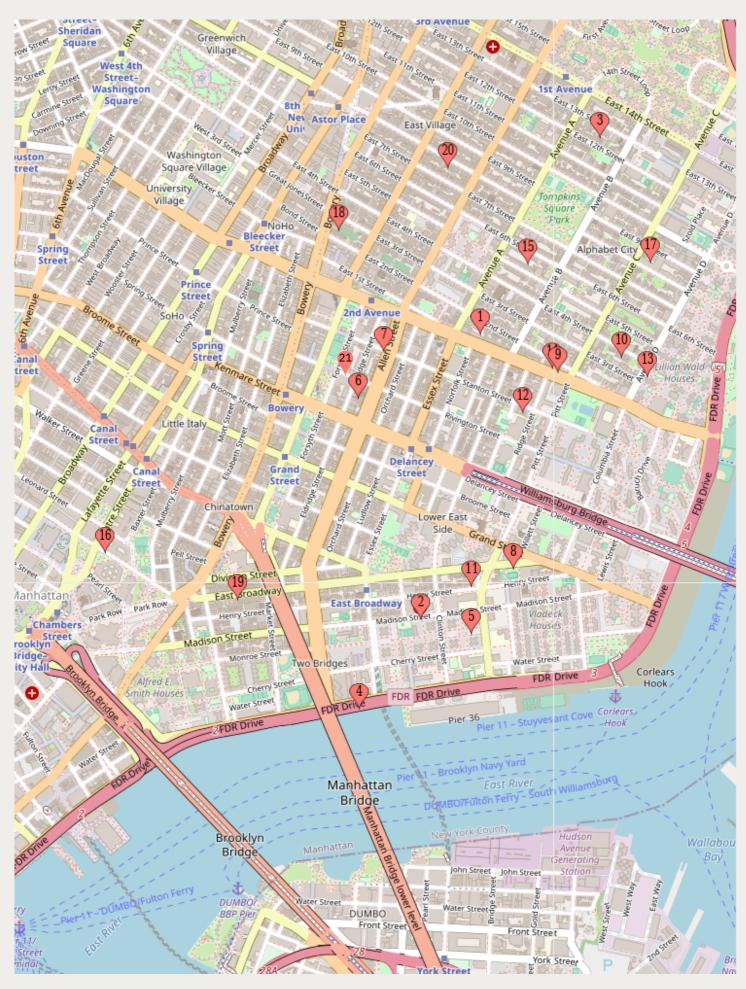
14. The Foyer 9th St

**15.University Settlement House** 

16. Mount Sinai–Behavioral Health Center\*

\*Not yet opened at time of publication, not included in statistical analysis

### **Map of Mental Health Facilities**



АСМН	165, East 2nd Street
Sylvia Del Villard	227 Madison Street
Roberto Clemente Family Guidance Center	540 East 13th Street
Chinatown Family Consultation Center	253 South Street
5 Henry Street Settlement	40 Montgomery Street
6 University Settlement House	184 Eldridge Street
C&Y ICM	189 Allen Street
CARES	465 Grand Street
Community Access, East Village Access	242 East 2nd Street
Community Access, Libby House	347 East 4th Street
Community Access, East Broadway Residence	255 East Broadway
Community Access, Stanton Street Residence	190 Stanton Street
Educational Alliance	315 E 10th St
Murray Itzkowitz House	234 East 2nd Street
East House	538 East 6th Street
Bowery Residents' Committee	139 Avenue D
The Foyer 9th St	710 East 9th Street
Project Renewal	8 East 3rd Street
Lower East Side Service Center	46 East Broadway
St.Mark's Unitas Clinic	57 Saint Mark's Place

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Mount Sinai Health Center

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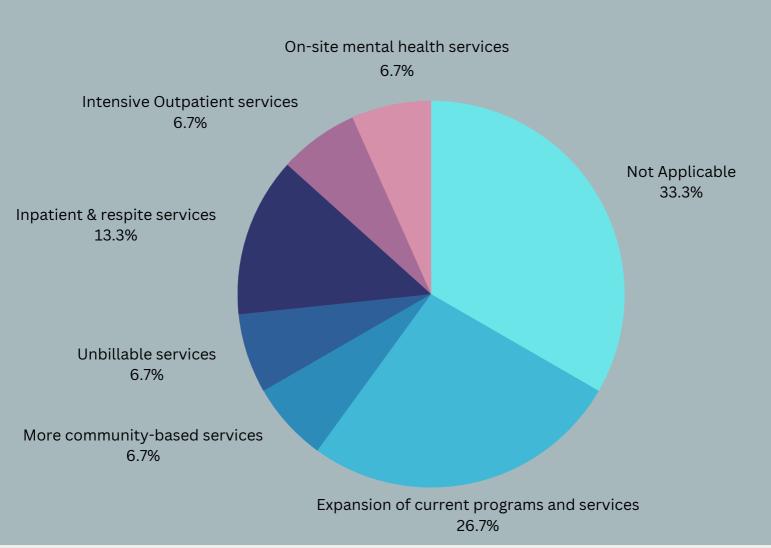
45 Rivington Street

# **Program Type**

What mental health services are offered?

- 8 organizations offer traditional outpatient mental health services
  - This includes individual, couples, family counseling and crisis intervention for adolescents and adults as well as psychiatric assessment, coordination of care, and referrals.
- 4 organizations offer addiction services and support
  - This includes services for outpatient and residential substance use disorder treatment
- 2 organizations offer personalized recovery oriented services (PROS)
- 2 organizations offer continuing day treatment programs (one serves Cantonese speaking individuals and one serves Spanish speaking individuals)
- 1 organization offers school-based mental health services

# What mental health services do the surveyed organizations wish they offered?

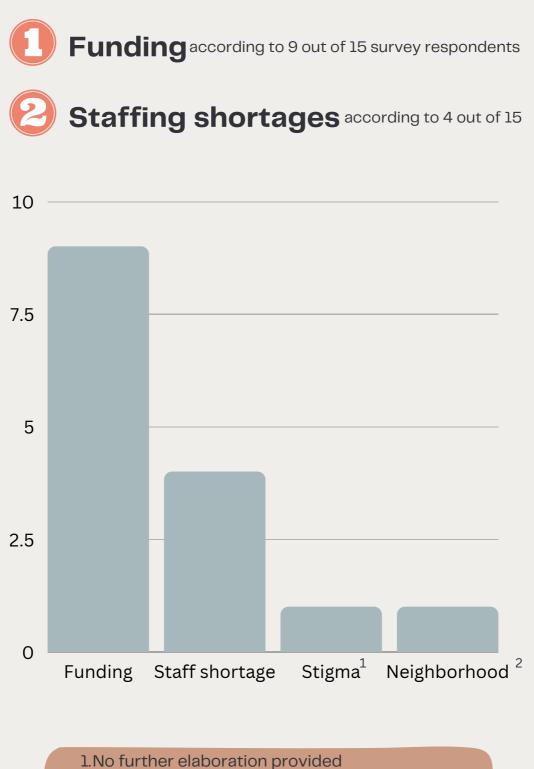


#### Breakdown

5 out of 15	organizations responded not applicable	33.3%
4 out of 15	organizations responded that they would like to expand their current programs and services	26.7%
2 out of 15	organizations responded they would like to offer inpatient and respite services	13.3%
1 out of 15	organizations responded they would like to offer unbillable services, more community-based services, intensive outpatient services or on-site mental health services	6.7% each



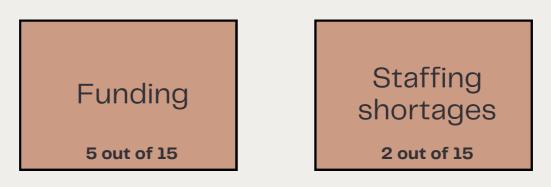
# The biggest barrier to fulfilling the community's mental health needs:

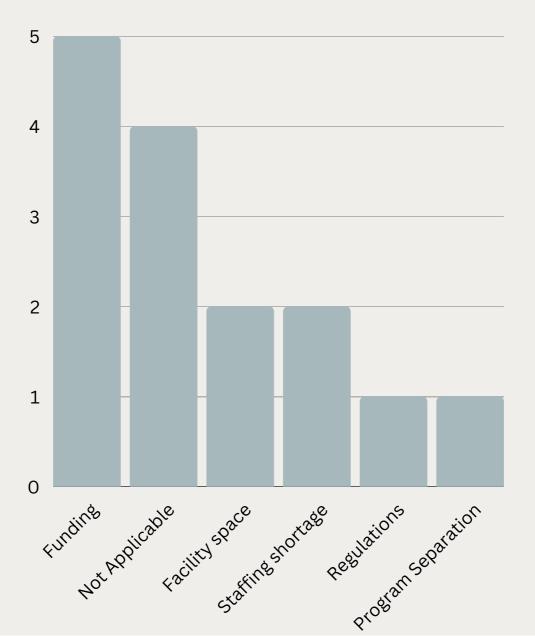


2. Survey response stated that "We also deal with neighborhoods not wanting supported housing and programming in their neighborhoods"

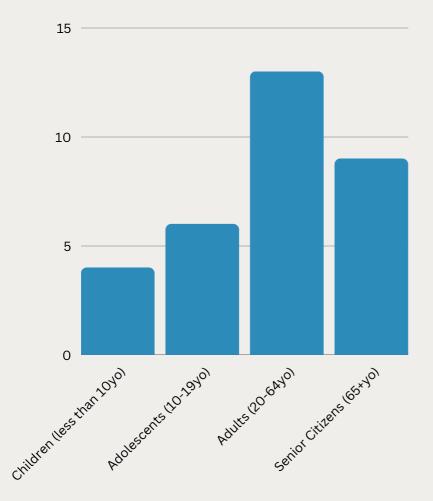
# What is preventing the surveyed organizations from providing the services they wish to offer?

40% (7 out of 15) of the surveyed organizations cited funding or staffing shortages as their limiting factor





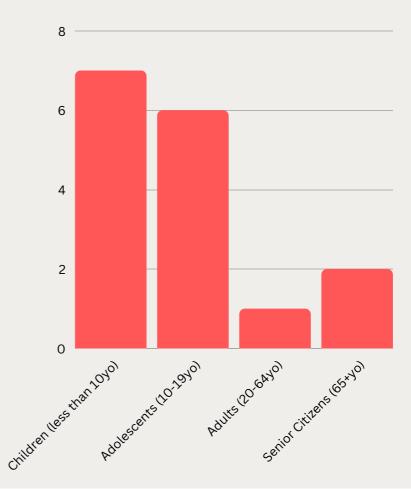
### **Populations Served**



- 13 organizations serve adults
- 9 serve senior citizens
- 6 serve adolescents
- 4 serve children
- Many
  organizations
  serve multiple age
  groups

## **Populations NOT Served**

- 7 organizations do not offer services to children
- 6 don't service adolescents
- 2 don't offer services for senior citizens
- 1 doesn't offer adult services



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### Languages of Mental Health Services

Listed below are the in-person languages the organizations offer mental health services in. This does not include languages offered through a translation service.



9 out of 15	organizations offer mental health services in <b>Spanish</b>	60%
5 out of 15	organizations offer mental health services in <b>Cantonese</b>	33.3%
3 out of 15	organizations offer mental health services in Mandarin	20%
3 out of 15	organizations offer mental health services in Hebrew/Yiddish	20%
2 out of 15	organizations offer mental health services in Japanese	13.3%

In addition, mental health services are offered in the following languages at **one** of the organizations: French, Haitian Creole, Vietnamese, Korean, Urdu, Bengali, Hindu, and Italian.

# **Additional Notes**

It should be noted that the age group breakdown of populations served by the organizations is a self-reported approximation and may not accurately reflect the population served.

Responses left in the "additional comments" section further emphasized the staffing difficulties. Many mentioned how the lack of funding creates difficulties in hiring and retaining staff.

One organization mentioned that they hope to address some of their challenges with the city's serious mental illness (SMI) support outlined in "Care, Community, Action: A Mental Health Plan for New York City."

# Appendix 1 Services Offered by Organization

Organization	Location Name
ACMH, Inc	ACMH, Inc 0 a
Bowery Residents' Committee	Bowery Residents' Committee
Bridge House	Murray Itzkowitz House
	East House 0 a P
CARES	CARES Behavioral Health Services
Community Access, Inc	East Village Access
	Libby House p
	East Broadway Residence
	Stanton Street Residence
Educational Alliance, Inc	Educational Alliance
Gouverneur Health	Sylvia Del Villard CDTP 0
	Roberto Clemente Family Guidance Center 0
Hamilton-Madison House, Inc	Chinatown Family Consultation Center and PROSpect Place 0 a p
Henry Settlement	Henry Street Settlement
Housing Works, Inc	Keith D. Cylar Community Health Center 0
Lower East Side Service Center	Lower East Side Service Center
Project Renewal	Project Renewal 0
St.Mark's Place Institute for Mental Health	Unitas Clinic 🧿 a
The Foyer 9th St	SMI Families and SMI Youth
University Settlement House	Lower Manhattan Headquarters and main campus
	C&Y ICM 0

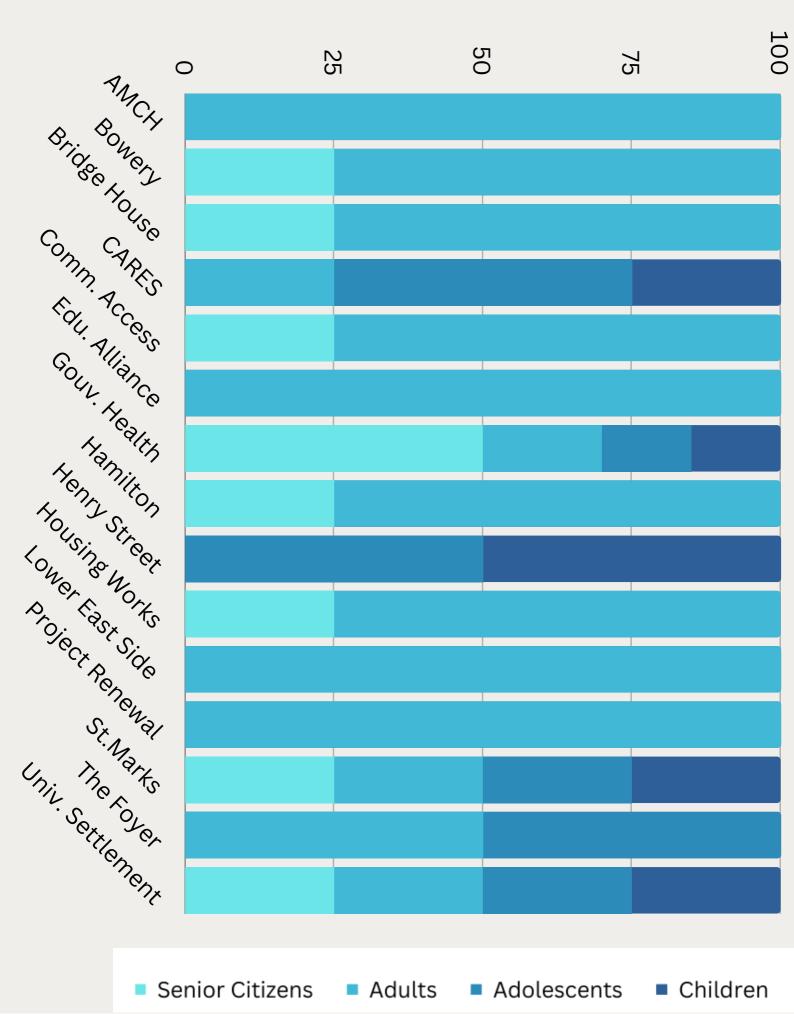
- Outpatient Mental Health Services
- Addiction Services
- PROS (Personalized Recovery Oriented Services)
- Continuing Day Treatment
- s)School-based Mental Health Services

### **Appendix 2**

# Populations served by each organization and location

Organization	Location Name	Children	Adolescents	Adults	Senior Citizens
ACMH, Inc	ACMH, Inc				
Bowery Residents' Comm	Bowery Residents' Committe				
Bridge House	Murray Itzkowitz House				
	East House				
CARES	CARES Behavioral Health Se				
Community Access, Inc	East Village Access				
	Libby House				
	East Broadway Residence				
	Stanton Street Residence				
Educational Alliance, Inc	Educational Alliance				
Gouverneur Health	Sylvia Del Villard CDTP				
	Roberto Clemente Family Gu				
Hamilton-Madison House	Chinatown Family Consultation				
Henry Settlement	Henry Street Settlement				
Housing Works, Inc	Keith D. Cylar Community He				
Lower East Side Service	Lower East Side Service Cer				
Project Renewal	Project Renewal				
St.Mark's Place Institute f	Unitas Clinic				
The Foyer 9th St	SMI Families and SMI Youth				
University Settlement Ho	Lower Manhattan Headquart				
	C&Y ICM				

### Appendix 3 Composition of Served Populations





Directory of Community District 3 Mental Health Services			
Mental Health Services Provider	Location	Services Provided	Ages Served
ACMH, Inc	165 E 2nd Street	Outpatient Mental Health Services, Addiction Services and Support	Adults
Bowery Residents' Committee	139 Avenue D	Outpatient Mental Health Services	Adults, Senior Citizens
Bridge House - Murray Itzkowitz House	234 E 2nd Street	Outpatient Mental Health Services, Addiction Services and Support, Personalized Recovery Oriented Services	Adults, Senior Citizens
East House	538 E 6th Street	Outpatient Mental Health Services, Addiction Services and Support, Personalized Recovery Oriented Services	Adults, Senior Citizens
CARES Behavioral Health Services	465 Grand Street	Outpatient Mental Health Services	Children, Adolescents, Adults
Community Access, Inc - East Village Access	242 East 2nd Street	Addiction Services and Support, Personalized Recovery Oriented Services	Adults, Senior Citizens
Libby House	347 E 4th Street	Personalized Recovery Oriented Services	Adults, Senior Citizens
East Broadway Residence	255 E Broadway	Personalized Recovery Oriented Services	Adults, Senior Citizens
Stanton Street Residence	190 Stanton Street	Personalized Recovery Oriented Services	Adults, Senior Citizens
Educational Alliance	315 E 10th Street	Addiction Services and Support	Adults
Gouverneur Health - Sylvia Del Villard CDTP	227 Madison Street, Manhattan, NY 10002	Outpatient Mental Health Services, Continuing Day Treatment	Children, Adolescents, Adults, Senior Citizens
Roberto Clemente Family Guidance Center	540 E 13th Street, Manhattan, NY 10002	Outpatient Mental Health Services	Children, Adolescents, Adults, Senior Citizens
Hamilton-Madison House, Inc - Chinatown Family Consultation Center and PROSpect Place	253 South St, 2nd floor, New York, NY 10002	Outpatient Mental Health Services, Addiction Services and Support, Personalized Recovery Oriented Services	Adults, Senior Citizens
Henry Street Settlement	40 Montgomery Street, New York, NY 10002	School-based Mental Health Services	Children, Adolescents
Housing Works, Inc - Keith D. Cylar Community Health Center	743-749 East 9th Street	Outpatient Mental Health Services	Adults, Senior Citizens
Lower East Side Service Center	46 E Broadway	Addiction Services and Support, Continuing Day Treatment	Adults
C&Y ICM	189 Allen Street, New York, NY 10002	Outpatient Mental Health Services	Children, Adolescents, Adults, Senior Citizens
Project Renewal	8 E 3rd Street	Outpatient Mental Health Services, Addiction Services and Support	Adults
St.Mark's Place Institute for Mental Health - Unitas Clinic	57 St.Marks Place	Outpatient Mental Health Services, Addiction Services and Support	Children, Adolescents, Adults, Senior Citizens
The Foyer 9th St - SMI Families and SMI Youth	710 E 9th Street	Outpatient Mental Health Services	Adolescents, Adults
University Settlement House - Lower Manhattan Headquarters and main campus	184 Eldridge St, New York, NY 10002	Outpatient Mental Health Services	Children, Adolescents, Adults, Senior Citizens
Mount Sinai-Behavioral Health Center	45 Rivington Street	Inpatient Psychiatric and Substance Use, Outpatient Mental Health Services	Children, Adolescents, Adults, Senior Citizens