What Is Human Trafficking?

Human trafficking is the use of power and control to force, trick, or coerce someone into engaging in providing labor or services, including commercial sex.

Traffickers exploit social and economic inequity for their own benefit, using tactics like violence, emotional manipulation, and psychological threats.

**Trafficking is a criminal act.**

**Venues or industries where trafficking is commonly reported in NYS include:**

- Agriculture
- Commercial sex work based in a residence or hotel/motel
- Construction
- Domestic work
- Escort services
- Illicit massage/spa businesses
- Restaurants and food service

Learn more about gender-based violence, including human trafficking, at [www.nyc.gov/endgbv](http://www.nyc.gov/endgbv)

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**How to Help a Friend**

- Believe them and let them know it’s not their fault
- Let them know you care about their wellbeing
- Ask them what they need and what would be helpful
- Listen and respect their choices even if you disagree
- Offer options and information about resources

**Call NYC’s 24-hour Crime Victim’s Hotline (1-800-621-4673), or the National Human Trafficking Hotline (1-888-373-7888 / TTY 711 or text 233733) for confidential services and supports to get help and stay safe.**

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**Are You or Someone You Know...?**

- in significant debt to an employer or trafficker?
- not being paid for your work?
- forced to live and work on-site, confined, physically restrained, or tortured at work?
- being forced or encouraged to trade sex for payment by someone you trust?
- being monitored or tracked by an employer, manager, or pimp?
- working for someone who controls your money, financial records, or bank accounts?
- working for someone who controls your identification documents, such as an ID or passport?
DID YOU KNOW?

• Anyone can be trafficked, including U.S. citizens, foreign nationals and adults and children of any age, gender identity, or sexual orientation.

• Anyone can be a trafficker, including a person that you trust.

Learn more about domestic and gender-based violence at www.nyc.gov/endgbv

Get Help

If you think you or someone you know are experiencing any of these, or you are not sure, you can get help.

Call NYC’s 24-hour Crime Victim’s Hotline (1-800-621-4673), or the National Human Trafficking Hotline (1-888-373-7888 / TTY 711 or text 233733) for confidential services and supports to get help and stay safe.

• Visit the NYC HOPE Resource Directory at www.nyc.gov/NYCHOPE for information and resources for domestic and gender-based violence.

• Visit any NYC Family Justice Center (FJC) to get free and confidential assistance. Open Monday to Friday, 9 a.m. to 5 p.m., FJC’s welcome people of all ages, sexual orientations, and gender identities, regardless of immigration status, income, or language spoken. No appointment is needed.

<table>
<thead>
<tr>
<th></th>
<th>Phone</th>
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<tbody>
<tr>
<td>Bronx FJC</td>
<td>(718) 508-1220</td>
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<tr>
<td>198 East 161st Street, 2nd Fl.</td>
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<tr>
<td>Brooklyn FJC</td>
<td>(718) 250-5113</td>
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<tr>
<td>350 Jay Street, 15th Fl.</td>
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<tr>
<td>Manhattan FJC</td>
<td>(212) 602-2800</td>
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<td>80 Centre Street, 5th Fl.</td>
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<td>Queens FJC</td>
<td>(718) 575-4545</td>
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<tr>
<td>126-02 82nd Avenue</td>
<td></td>
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<tr>
<td>Staten Island FJC</td>
<td>(718) 697-2800</td>
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<tr>
<td>126 Stuyvesant Place</td>
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** Call 911 in an emergency **