



The Healthy Relationship Training Academy Frequently Asked Questions

About the Academy's Workshops

What workshops do you offer?

For teens between the ages of 11-13, the Academy offers the Middle School Signature Workshop.

For teens between the ages of 14 and 24, the Academy offers:

- The Signature Workshop on Dating Violence and Healthy Relationships**
- Part II, Beyond the Basics: Workshop on Dating Violence and Healthy Relationships
- TechnoLOVE
- Navigating Consent and Healthy Relationships

**The Signature workshop must be taken prior to any other workshops

For parents and caregivers, the Academy offers:

- Parent and Caregiver Workshop
- Tech Abuse for parents and caregivers of children ages 11 and up

For professionals working with youth, the Academy offers:

- Staff training on Dating Violence and Healthy Relationships
- Tech Abuse for professionals working with youth

Does the Academy provide workshops in languages besides English?

At this time, the Academy only provides workshops in English. If you have other language needs please reach out to the Academy for outside resources that may be available.

Scheduling Workshops with the Academy

How can my organization schedule a workshop?

You must submit a completed [Online Workshop Request Form](#). The person listed on your submission will be contacted to confirm or modify the requested schedule.



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What is the cost of hosting an Academy workshop?

There is no cost to requesting or hosting a workshop.

Where are workshops held?

Our Community Educators can travel to organizations in any of the five boroughs. Locations must be accessible by New York City subway or bus lines.

When can workshops take place?

Workshops are scheduled Monday through Saturday, starting at 9 a.m. and ending by 6 p.m.

How long are the Academy's workshops and trainings?

Workshops with young people between the ages of 14-24 are 90 minutes long, and can be split into two 45 minute sessions. Workshops with young people ages 11-13 are split into two 45-minute sessions. Staff training sessions can be 2-3 hours long. (3 hours is the recommended length.)

How far in advance should workshops be scheduled?

The Academy requires two to four weeks advance notice to accommodate scheduling requests.

How many workshops can the Academy provide for one organization?

The Academy can provide up to four or five workshops at one organization in a month, depending on availability. In special cases, it may be possible to provide more than one workshop back-to-back on the same day, or simultaneously.

Workshop Participants

How many participants can attend each workshop?

A minimum of 10 participants is required to conduct a workshop in order to have meaningful dialogue amongst the participants. Attendance at individual workshops is capped at 40 participants for the same reason.

Are workshops designed for coed or single sex groups?



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Workshops can be held with either coed or single-sex groups.

Other Questions about the Workshops

Do you require any Audio/Visual equipment, such as a projector?

Our workshops do not require any A/V equipment. The only materials needed are a flipchart/dry-erase board/chalkboard, pens for each participant, tape, and, if possible, we ask that you make copies of the handouts before your workshop begins.

What teaching methods are used during the interactive workshops?

Our Community Educators are trained to facilitate discussions among participants and to encourage participation through dialogue, games, and role-playing in order to help participants develop critical thinking skills.

Are the Academy's workshops evidence-based?

Yes. All of our workshops include a pre-test and a post-test. Analysis of past workshops shows that the Academy's workshops can have a significant impact on participants' knowledge about dating violence and healthy relationships.

Does the Academy offer workshops on topics besides dating violence and healthy relationships?

The Academy offers workshops on the topics of dating violence and healthy relationships only.

Contact the Academy

We are committed to providing workshops that are thought-provoking and help connect participants to resources. If you have questions, you can reach us at academy@endgbv.nyc.gov or by calling (212) 788-3156.

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