

THESE ARE JUST A FEW QUOTES FROM A NY TIMES ARTICLE DOCUMENTING THE EXPERIENCES OF HEALTH CARE WORKERS DURING THIS PANDEMIC. THE TOLL THAT IT IS TAKING ON YOUR HEALTH, FAMILY AND MORALITY IS ENORMOUS. YET, YOU KEEP WORKING. YOU KEEP TAKING CARE OF THOSE WHO NEED YOU. LET THE NYC EAP TRY TO TAKE CARE OF YOU. WE CAN'T END THIS PANDEMIC, AND WE CAN'T LESSEN THE WORKLOAD, BUT WE CAN GIVE YOU THE SPACE TO BREATHE, CRY, YELL OR JUST TALK. WE CAN ALSO OFFER OUR SUPPORT TO YOUR FAMILY.

“WE KEPT GETTING CODE AFTER CODE, AND PATIENTS WERE JUST DYING”

“IT’S A CONSTANT BATTLE, IT’S A NEVER-ENDING WAR”

“THE LAST EIGHT MONTHS ALMOST BROKE ME”



NYC EAP is available
Monday – Friday, 8am -
7pm

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