

SHORT-TERM COUNSELING FOR TRAUMATIC STRESS

The NYC EAP is offering H+H employees **free** and **confidential** counseling sessions that address trauma symptoms related to COVID response. All EAP services are available to you and your family.

Sessions are available through **video or phone**. Review this 2 minute video for more information:

<https://vimeo.com/446828363>

NYC Employee Assistance Program (EAP)

Monday through Friday, 8am- 7pm

Call: 212-306-7660 Email: eap@olr.nyc.gov

