

The Bronx

Check off all the places you can on a step journey through NYC!



Walk across the ridges and valleys of [Van Cortlandt Park](#)

Stroll through over a thousand acres in NYC's third largest park. Look for the oldest house in the Bronx, Tibbets Brook, the borough's largest freshwater lake, and Memorial Grove among the oak forests, a tribute to lives lost while fighting for our country and a symbol of strength and endurance.



Adventure along ancient trails at [Thain Family Forest](#)

Follow the Forest along Native American hunting trails to see marks left from glaciers, and trees that date back to the times of the American Revolution. Check out the [New York Botanical Garden](#) website for information on timed entry tickets and free admission Wednesdays for City residents.



Visit the City's largest park property [Pelham Bay Park](#)

Walk among miles of trails, beaches, and saltwater shoreline that once was passed through by Siwanoy Indians, Ann Hutchinson and the Continental Army. See historic sites like the Bartow-Pell Mansion, a 19th century country house overlooking the bay.



Stroll along the [Grand Concourse](#)

Inspired by the Champs-Élysées in Paris, this four-mile stretch is full of Art Deco and Art Moderne style cityscapes. Look for the colorful mosaic mural on the Fish Building just south of 167th St.



Step it up and climb the famous step street near [Mullaly Park](#)

Climb to your own Hollywood moment on the steps found on W 167th St off of Shakespeare Ave. Of the 102 step streets found in the city, the majority, 64 step streets, are found in the Bronx!



Follow along the edible garden at [Bronx River Foodway](#)

Learn about growing sustainable produce in the city while you step alongside this edible garden at [Concrete Plant Park](#). The park was an abandoned concrete plant now turned into a waterfront park.



Walk through [Historic Mott Haven](#)

Visit the first historic district designated by NYC in the Bronx. Find old iron works and piano factories, historic churches dating back to the 1890's, and the Teatro de Puerto Rico, a spot where Latin-American stars like Tito Puente and Libertad Lamarque once performed.

The Bronx Map



Brooklyn

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Walk across the [Brooklyn Bridge](#)

Complete the New York City rite of passage and walk 1.1 miles across the Brooklyn Bridge, built in 1883. See if you can find the plaques along the way that mention the bridge's history. Visit the greenway on the Brooklyn side for scenic views of Manhattan and the Statue of Liberty.



Adventure to the architectural timeline of [Clinton Avenue](#)

Take a stroll down this well designed and historic avenue, for homes built as early as 1835. Get your steps in as you take the visuals in of the styles of Greek Revival, Italiante, Second Empire, and Eclectic Victoria.



Take a walking tour of [Weeksville](#)

Weeksville was an independent free black community that was home to the first African-American newspaper, the African Civilization Society and the [Hunterfly Road Houses](#) dating back to 1840.



Visit [Prospect Park](#) for a scenic and historic walking tour

Opened in 1867, this scenic and historic landmark offers a green retreat from urban life. Look for the Boathouse on the Lullwater, built in 1905, Litchfield Villa, built in 1854, now the Brooklyn headquarters for NYC PARKS, and Battle Pass, the location of the 1776 Battle of Long Island.



Watch the sunset and walk down the [Belt Park Promenade](#)

Visit Shore Park of Brooklyn to see the sunset among some of the city's most famous views of the Statue of Liberty, new WTC, Coney Island, Fort Wadsworth, and Fort Hamilton Army Base.



Get some scenic steps at the new [Shirley Chisholm State Park](#)

Walk along over 10 miles of path to see Brooklyn untamed, with natural life teeming from fish and birds to plants that flourish along this new park named after the Brooklyn-born Shirley Chisholm, first African American Congresswoman.



Stroll along the [Riegelmann Boardwalk](#) at Coney Island

Get 2.7 miles worth of steps along the Atlantic Ocean. See if you can spot landmarks like the Coney Island Cyclone, constructed in 1927, and MCU Park, home to the Brooklyn Cyclones baseball team.

Brooklyn Map



MANHATTAN

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Take a walk to see [The Little Red Lighthouse at Fort Washington Park](#)

One of few surviving lighthouses in the City, the red lighthouse was decommissioned in 1948. Due to a children's book about the lighthouse, children wrote letters to keep it protected and prevent it from being sent to auction. The Coast Guard donated it to the City as a historic landmark in 1951.



Climb the [John T. Brush Stairway at Highbridge Park](#)

Check out the only structure left from the old Polo Grounds, home of the New York Giants baseball team, now the San Francisco Giants.



Visit [Morningside Park](#) for an historical step tour

During the 1776 Revolutionary War Battle of Harlem Heights, colonial forces retreated through this area. The park was built due to the rugged landscape posing a challenge for roads to be built. And protests here in the 60's, prevented the construction of a hospital, now a pond and waterfall.



Take a stroll around the [Jacqueline Kennedy Onassis Reservoir](#)

The Reservoir was built in the 1860's, holds 1,000,000,000 gallons of water, was decommissioned in 1993 and a loop around will get you 1.5 miles of physical activity or about 3,000 steps.



Walk around at a [local Manhattan farmer's market](#)

The Union Square Farmer's Market is a great place to visit, but there are [farmer's markets all across the city!](#) Take a walking tour of the different farm stands and find a new fruit or veggie you've never had before to try when you get home for a healthy post-walk snack.



Stroll along the Hudson River at [Hudson River Park](#)

This four mile stretch along the Hudson River provides waterfront views while you step. The Hudson River Park River Project offers free education on the park's estuary teeming with ecological life.



Find the [Maiden Lane Clock](#) on the corner of Maiden Lane and Broadway

This historic clock in the Financial District is embedded in the sidewalk. The original clock installed in 1896 was replaced in the 1940's after it stopped working but now is fully functional.

Manhattan Map



QUEENS

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Take a walking art tour from [Socrates Sculpture Park](#) to [Welling Court Murals](#)

Get your steps in and see art by local sculptors that transform this once graffiti covered illegal dumping ground into a major outdoor arts destination along the waterfront. From here, step it up to Welling Court Mural Project to see some local street art and styling graffiti.



Take a multicultural street food step tour through [Jackson Heights](#)

Stroll around this historic area to find some of the best cuisine from Asia, South America and beyond. Count how many food carts you see as you step or try a new cultural food for the first time.



Visit [Flushing Meadows Corona Park](#) for a scenic step escape

Located at the geographic heart of NYC and site of two World's Fairs, this iconic and diverse park includes historic and scenic trails. Explore the park to find lakes and cultural and civic institutions.



Step your way from field to table at [Queens County Farm](#)

Visit NYC's largest remaining undisturbed farmland with history dating back to 1697. Stroll around 47 acres of farm to see planting fields, farm and livestock animals, an orchard, vineyard, herb garden and historic farm buildings. Learn about this local and sustainable food system as you step.



Find historic homes in [Addisleigh Park Historic District](#)

Take a walk around this once race-restricted neighborhood and locate the homes of world-famous celebrated African-American musicians, entertainers, activists and athletes like Ella Fitzgerald, James Brown, W.E.B. Du Bois and Jackie Robinson.



Have a stepping adventure at [Jamaica Bay Wildlife Refuge](#)

Explore over 12,600 acres of saltmarshes, water, ponds, fields, woods, bays and islands in one of the largest bird habitats in the northeastern United States with [over 330 species](#) on the premises.



Stroll down [Rockaway Beach Boardwalk](#)

Bound by the Shore Front Parkway and Atlantic ocean, take a walk along the beach on this 5.5 mile long boardwalk. Look for "Whalemena" a sculpture of a whale once found in Central Park Zoo.

Queens Map



STATEN ISLAND

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Complete the [Fort Wadsworth Shoreline](#) walk

Fort Wadsworth is an active Coast Guard base and provides views of New York City and the river in a 2.4 mile loop. It's one of the nation's oldest military installations.



Visit [High Rock Park](#) and climb [Moses Mountain](#) for a panorama view

Moses Mountain is a 200- foot "mountain" made of boulders and rock that were removed to construct a highway in the 60's. The highway was never built due to concerned locals, as it would have destroyed the Greenbelt we know today.



Walk [The Beach at Wolfe's Pond Park](#)

The Wolfe's Pond Park beach was formed nearly 20,000 years ago and was home to Native Americans nearly 6,000 years ago.



Stroll down [Conference House Park](#)

Find hiking trails along some of the oldest houses in the city, including the Conference House, a site of a milestone of American Independence.



Take an historic hike at [Clay Pit Ponds State Park Preserve](#)

A place with rich cultural history, Clay Pit Pond's State Park Preserve was home to Leni Lenape Indians, Europeans settlers and the Free Blacks of Sandy Ground.



Find the three hundred year-old tulip tree at [Clove Lakes Park](#)

Clove Lakes Park is a protected Forever Wild site due to its ecological assets and rich natural history. Find the tree at the northern end standing over 100 ft. tall.



Take a walking tour around the [Snug Harbor Cultural Center](#)

Visit 83-acres of this once 19th century rest home for sailors to view botanical gardens, urban farmland and historical landscape. Explore the grounds to see architectural centers dedicated to art and culture.

Staten Island Map

