

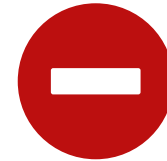


COVID-19 & FLU

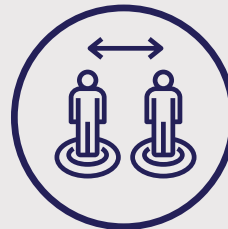
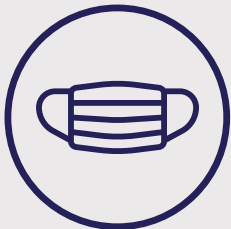
WHAT YOU NEED TO KNOW



- ✓ Influenza (flu) and COVID-19 are both **contagious respiratory illnesses**, but they are caused by different viruses.
- ✓ Anyone can become **seriously sick** from the flu and COVID-19, even healthy people.
- ✓ Since they are different viruses, you need to receive **BOTH** the COVID-19 vaccine **AND** flu shot to fully protect yourself.
- ✓ It is **safe** to get the flu shot and COVID-19 vaccine, including the COVID-19 booster dose, at the same time.
- ✓ There are **no co-pays** for flu shots or the COVID-19 vaccine for City employees, pre-Medicare retirees and dependents.



- ✗ Getting a **flu shot will not protect you from COVID-19** but it will help protect you from the flu and its complications.
- ✗ Getting the **COVID-19 vaccine will not protect you from the flu**, but it will significantly decrease your chances of getting COVID-19.
- ✗ You cannot get the flu from the flu shot. You cannot get COVID-19 from the COVID-19 vaccine.
- ✗ The flu shot you got last season **will not** protect you in 2021. You need to get a **new flu shot every year**.



LEARN MORE: [ON.NYC.GOV/WWNYCFLU](https://on.nyc.gov/wwnycflu)