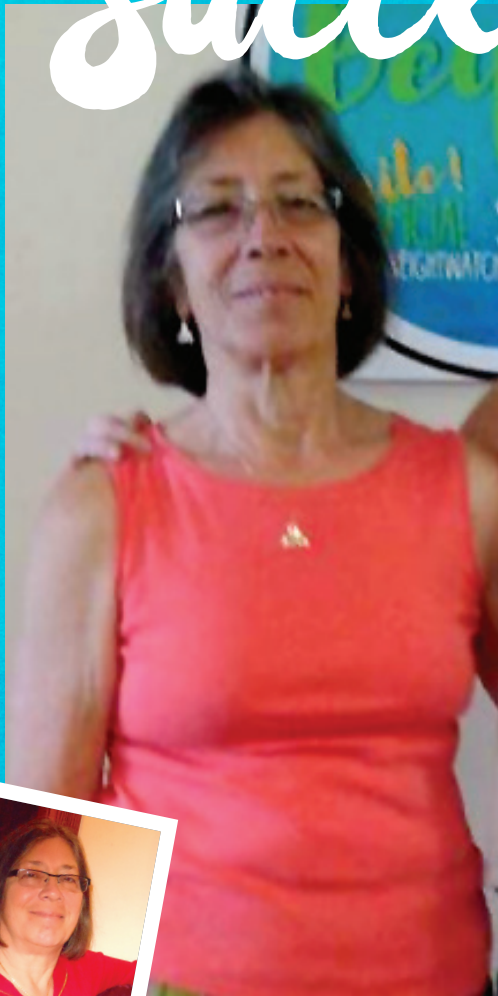


weightwatchers

At Work

Success story



Patricia's Story

New York City Department of Probation,
Staten Island Adult Services Branch Principal
Administrative Associate II/Office Manager (Retired)

When Patricia came to Weight Watchers for the first time in 2011 she weighed more than 231 pounds. Her knees ached and she needed a cane to help her navigate the hallways in her daily work routine. Although Pat lost 44 pounds by 2012, she allowed herself to slip back into old habits and regained 29. But, in 2013, Pat rejoined Weight Watchers with a firm commitment to success and, in 2015, reached her goal and became a Lifetime Member.

Patricia's weight loss inspired her family as well. Her daughter joined Weight Watchers and lost 60 pounds, and her husband lost 90 pounds and recently became a Member himself.* Now Pat and her husband are able to be active together. Explained Pat, "We enjoy walking our dog, Bailey, without gasping for breath and sweating. We all are living a healthier lifestyle thanks to Weight Watchers Beyond the Scale."

Patricia lost weight on a prior Weight Watchers program.

* People following the Weight Watchers plan can expect to lose 1-2 pounds per week.

“Weight Watchers gave me all of the tools I needed to live a healthy life.”