



then

# Success story



## Roberta's Story

Paraprofessional

She tried the fad diets and the pounds came off fast. But they always seemed to leap back on just as quickly. So after reaching more than 172 pounds, Roberta Rosdeitcher, a paraprofessional for the New York City public schools, was ready for something different. Then she found out that as an employee of the City of New York her Weight Watchers® membership would be subsidized. "When I heard that there was a chance that Weight Watchers would be coming to my school, I jumped at the privilege to become a member." What motivated Roberta was knowing that she'd have "full support of the Weight Watchers team" along with the backing of co-workers who joined too.

Jumping in really paid off. In less than a year Roberta lost more than 35 pounds\*. "I now weigh 136 pounds. I feel great and I definitely love what I see when I look in the mirror!" But even though she reached her goal weight, Roberta continues to attend meetings. "Each day is a journey, but it's my journey. Thank you, Weight Watchers!"

\*People following the Weight Watchers plan can expect to lose 1-2 pounds per week.

“My success story  
is my greatest  
accomplishment.”