

You don't know your own strength until you help someone *find theirs*

Become a Weight Watchers Coordinator and help your peers on their journey to the healthiest, happiest version of themselves. It's incredibly rewarding!

Contact WorkWell NYC at workwell@olr.nyc.gov to get started at your worksite.

Coordinator Responsibilities:

- Promote Weight Watchers with communication materials provided by WorkWell NYC
- Help start an At-Work meeting at your worksite:
 - ✓ Get necessary approvals from your agency leadership
 - ✓ Identify 15-20+ interested employees
 - ✓ Secure meeting space and determine the best time/day for worksite meetings
 - ✓ Advertise the meeting day, time, and location on a regular basis
 - ✓ Communicate with members about program updates, changes, and promotions
- If there aren't enough employees interested in attending an At Work meeting at your worksite, you can still help your peers get started on their WW journey by promoting OnlinePlus or Community Weight Watchers Meetings and circulating seasonal updates



The City of New York partnership with Weight Watchers is brought to you by
The New York City Employee Benefits Program and your Union!

Email: workwell@olr.nyc.gov

Website: nyc.join.weightwatchers.com

