Introducing the new WW (Weight Watchers® Reimagined) program: myWW

Experience our most customized program ever with myWW.™ When it comes to losing weight, everyone’s needs are different. That’s why, for the first time ever, WW is offering multiple ways to experience the journey with three different plans: Green, Blue, and Purple.

1 program, 3 ways to live it

**Green**
Green has a sizeable SmartPoints® Budget and 100+ ZeroPoint foods including fruits and vegetables.

**Blue**
Blue has a moderate SmartPoints® Budget and 200+ ZeroPoint foods including fruits, vegetables, and lean proteins.

**Purple**
Purple has a modest SmartPoints® Budget and 300+ ZeroPoint foods including fruits, vegetables, lean proteins, and whole grains.

When you join WW, you’ll be matched with a plan that best fits your lifestyle. Current members can choose which plan to continue based on their preferences.

Get started today!

City of New York employees can join WW at over 50% OFF* from standard pricing!

Sign up for WW today by going to nyc.join.weightwatchers.com and enter: Employer ID: 1161222.

*NYC and its unions cover 50% of the cost for benefits-eligible employees. The dollar value of this subsidy will be included as taxable income to the employee.

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