General Health:

- Wash your Hands
- Practicing Social Distancing
- Enjoy NYC Parks at Home
- Eat Healthy, Be Active NYC Facebook Group
- COVID-19: General Guidance for Cleaning and Disinfecting for Non-Health Care Settings
- COVID-19: General Guidance for Vehicle Operators
- COVID-19 Guidance for People Who Use Drugs
- Safer Sex During COVID-19
- COVID-19 and People with HIV
- Move More (Physical Fitness) Slack Community
- Eat Well (Healthy Eating) Slack Community
- Staying Sober During the COVID-19 Outbreak

Mental Health:

- Be Well (Mental Health) Slack Community
- Coping with Stress During an Infectious Disease Outbreak
- Stress Reduction Tips
- Finding Calm in a Crisis
- Managing COVID-19 Stress among Healthcare Workers
- Protecting your Mental Health During COVID-19
Mental Health Support New Yorkers Can Access While Staying Home
Mental Health Support for Those with Cancer
Dealing with Isolation and Loneliness
NYC EAP
NYC EAP Caretaker Burnout

Financial Health:
Financial Help for People With Cancer
Food Delivery Assistance
HRA Cash Assistance

For Parents:
COVID-19 and Pregnancy/Breastfeeding
COVID-19 and Children
Talking to Kids about the Coronavirus
COVID-19 Information for Parents of School-aged Children

Workplace Health:
COVID-19 Guidance for Businesses and Other Non-Health Care Settings
Resources for Businesses and Employers
Working from Home Ergonomics
Staying Calm Under Pressure: Dealing with Difficult Situations at Work