**Bikes on Transit**

### Subway Tips

- **Avoid Rush Hour**
  - Morning Rush: 7AM - 10AM
  - Evening Rush: 4PM - 7PM

- **Carry your bike on the stairs**

- **Use the service gate for entry/exit**

- **Hold your bike at all times**

### Restrictions

- **Bicycles allowed at all times**
  - NYC Subway
    - mta.info/bike
  - Staten Island Ferry
    - nyc.gov/dot
  - Governors Island Ferry
    - govisland.com
  - SeaStreak
    - seastreak.com
    - 1 (800) 262-8743
    - $5 permit required

- **Bicycles allowed except peak hours**
  - LIRR
    - mta.info/bike
    - $5 permit required
    - Some holiday restrictions
    - Weekday Peak Hours:
      - inbound: 6–10 am
      - outbound: 3–6 pm
  - Metro-North
    - mta.info/bike
    - $5 permit required
    - Some holiday restrictions
    - Weekday Peak Hours:
      - inbound: 5–10 am
      - outbound: 4–8:15 pm
  - PATH
    - panynj.gov/path/
    - 1 (800) 234-PATH
    - Weekday Peak Hours:
      - 6:30–9:30 am
      - 3:30–6:30 pm
  - NJ Transit
    - njtransit.com
    - Some holiday restrictions
    - Weekday Peak Hours:
      - inbound: 6–10 am
      - outbound: 4–7 pm

- **Bicycles not allowed except folding**
  - NYC Bus
    - mta.info/bike
  - NYC Subway
    - mta.info/bike
  - Staten Island Ferry
    - nyc.gov/dot
  - Manhattan Bridge
    - brooklynbridge.org
  - Lexington Avenue Bridge
    - mta.info/bike
  - High Bridge
    - mta.info/bike
  - Brooklyn Bridge
    - municipalbridge.nyc.gov
  - Williamsburg Bridge
    - mta.info/bike
  - Fort Greene Park
    - nyc.gov/parks
  - Prospect Park
    - nycgovparks.org
  - Bolling Hall Bridge
    - mta.info/bike
  - Brooklyn Bridge
    - municipalbridge.nyc.gov
  - High Bridge
    - mta.info/bike
  - Williamsburg Bridge
    - mta.info/bike
  - Fort Greene Park
    - nyc.gov/parks
  - Prospect Park
    - nycgovparks.org
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