

# STOP ASIAN HATE

## EDUCATION RESOURCE GUIDE

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It has been an extraordinarily difficult year for all of our communities. In addition to facing economic and health crises, members of the Asian American Pacific Islander (AAPI) community have been the targets of the virus of hate. Hate crimes and bias incidents — fueled by unfounded, hurtful rhetoric blaming Asians for COVID-19 compounded by pre-existing xenophobia — have created fear in the AAPI community in New York City and around the country.

In 2019 there was one reported hate crime motivated by anti-Asian bias; in 2020, 30 — and 16 of those were violent crimes. Between February and December of 2019, 30 bias incidents of anti-Asian discrimination and harassment were reported to the NYC Commission on Human Rights; during the same 11-month period in 2020, that number increased to 205.

One of the outcomes of the COVID-19 crisis was that as New Yorkers stayed at home, there was less public interaction and hence, less opportunity overall for bias- and hate-motivated incidents and crimes in person. While 2020 hate crimes were down 37% from the previous year, we know from studies that hate crimes are vastly under-reported for a number of reasons. And as people begin to leave their home environments, and as students more fully return to in-person learning, we need to do our best to prevent anti-Asian — and all forms of bullying, prejudice and discrimination — before harm happens.

Educators rose to the challenge of teaching remotely and in person throughout the pandemic, building dependable, safe, and inclusive spaces for all students. As always, you have been invaluable in educating thoughtful youth citizens who have respect for all, particularly in the greatest and most diverse city in the world. This critical job matters now more than ever.

The [New York City Office for the Prevention of Hate Crimes](#) (OPHC) is re-issuing the resources the [Department of Education](#) (DOE) shared last April when we began to see the troubling increase in anti-Asian incidents, and encourage you once again to incorporate lessons that address the consequences of racism, bias, and discrimination. The following resources have been compiled to help initiate discussions with your students and to provide empowering ways to stand up against hate. We hope you find them useful.

Thank you for all you are doing to keep our students safe, engaged, and responsible citizens.

# FOR EDUCATORS ON COVID-19 & XENOPHOBIA

## RESOURCES AND LESSONS

- **LESSON OF THE DAY:**

- [A Rise in Attacks on Asian-Americans](#)

A lesson plan compiled by the **New York Times**, including resources from the Smithsonian Asian Pacific American Center, Learning for Justice, and Stop AAPI Hate. The lesson addresses racism and the historical context behind anti-Asian sentiments in the U.S., along with resources on online hate.



A Chinese-American teenager on what she and her friends are encountering during the outbreak.  
The New York Times

- [Coronavirus: Protect Yourself and Stand Against Racism](#)

A lesson plan from **Facing History** that outlines facts about COVID-19 and gives students the opportunity to explore elements of discrimination.

- [Coronavirus: Countering Biased Responses](#)

A three-lesson series from **Morningside Center** with guidelines on how to counter biased or uninformed student responses to COVID-19 to increase student empathy.

- [Guidelines for Addressing the Coronavirus Outbreak](#)

Guidelines from **Morningside Center** on creating a supportive space for students to discuss COVID-19 in an online classroom setting.

- [Speaking Up Against Racism Around the New Coronavirus](#)

Educator resources from **Learning for Justice (formerly Teaching Tolerance)** on understanding the historical context and confronting racist tropes.

- [The Coronavirus Surfaces Fear, Stereotypes and Scapegoating](#)

Information and resources from the **Anti-Defamation League** on scapegoating throughout history and ways for schools and communities to address it.

# TEACHING STUDENTS TO BE UPSTANDERS

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## RESOURCES AND LESSONS

- [How to Respond to Coronavirus Racism](#)
- [Speak Up! Responding to Everyday Bigotry](#)  
Detailed guidance from **Learning for Justice** on "Speak Up" strategies to use when speaking out against xenophobia and racism in a range of different settings.
- [Anti-Bias Tools and Strategies](#)  
A wide range of tools and strategies from the **Anti-Defamation League** for educators and families to promote safe and inclusive learning environments.
- [Show Up: Your Guide to Bystander Intervention](#)  
A guide from **Hollaback!** on how to intervene when you see harassment.
- [Online Workshops](#)  
The **Center for Anti-Violence Education** offers training adults and youth to be upstanders against COVID-related scapegoating and discrimination.

# ON ONLINE HATE

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## RESOURCES AND LESSONS

- [Digital Citizenship Curriculum](#)  
Cyberbullying and online hate speech lesson plans from **Common Sense**.
- [Addressing Hate Online: Countering Cyberhate with Counterspeech](#)  
High-school lesson plan from the **Anti-Defamation League** on recognizing and responding to online hatred.
- [Five Ways to Counter Extremists on Social Media](#)  
How-to resource sheet and accompanying question sheet from the **Tanenbaum Center**.

# HISTORIES OF DISCRIMINATION

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## RESOURCES AND LESSONS

### HISTORY OF ASIAN-AMERICAN DISCRIMINATION

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- [Asian American Stereotypes](#)  
A lesson plan and toolkit from **Learning for Justice** for discussing the diversity of Asian-Americans in the U.S.
- [The Legacies of Chinese Exclusion](#)
- [Bearing Witness to Japanese Incarceration](#)  
Educator resources from **Facing History**.
- [Voices of Japanese-American Internees](#)  
A special curriculum unit for high schoolers on WWII-era Japanese internment by the from **Anti-Defamation League**.

### ARTICLES ON PUBLIC HEALTH DISCRIMINATION

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- On the [history of face masks, different cultural associations](#) with face masks, and face masks and [anti-Asian discrimination](#).
- On the history of [anti-Asian xenophobia](#) during [public health emergencies](#), [scapegoating](#) during times of health crisis, and why viruses [are no longer named](#) after places.

## MULTIMEDIA RESOURCES

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- **Stop Asian Hate**

This toolkit was developed by the **Office for the Prevention of Hate Crimes**, the **City Commission on Human Rights**, and the **Mayor's Office of Immigrant Affairs** and includes helpful visual resources explaining the difference between bias incidents and hate crimes and how to report them.



By artist Amanda Phingbodhipakkiya for NYC's "I Still Believe in Our City" campaign.

- **Comics**

["The Wuhan I Know"](#), an online comic about growing up in Wuhan before the coronavirus; ["Exploring the New Coronavirus"](#), a popular PBS comic zine for students, also available in Chinese.

- **Audio**

NPR Podcast, ["As Coronavirus Spreads, Racism and Xenophobia Are Too"](#); ["Lost in Translation"](#), Filipino-American history as a spoken word poem.

- **Video**

[New York Times conversation](#) with Asian-Americans on race; CAAM [Asian-American home movies](#) project; PBS documentary and educator guide, [Becoming American: The Chinese Experience](#).

- **Multimedia**

[The Orange Story](#), a digital humanities platform on Japanese internment using primary sources; [A Lens Into the Past](#), a Kennedy Center lesson plan using photographs to understand the lives of 20th century immigrants.

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For questions and resources on hate crimes, email the Office for the Prevention of Hate Crimes at [OPHC@CITYHALL.NYC.GOV](mailto:OPHC@CITYHALL.NYC.GOV).