

ENGAGEMENT MODULES

IMAGES AND TOPICS FOR APPROVAL

JUNE 22, 2010

TRANSLATE THIS PAGE | PRINT THIS PAGE | EMAIL A FRIEND | NEWSLETTER SIGN-UP | TEXT SIZE: [A](#) [A](#) [A](#)

NYC HEALTH HOME

Search [▶](#)
Advanced Search

HEALTHY LIVING 

DISEASES & CONDITIONS 

MENTAL & BEHAVIORAL HEALTH 

ENVIRONMENTAL HEALTH 

EMERGENCY PREPAREDNESS 



More Topics: [STDs & HIV](#)

Physical activity, like a brisk walk 4 days a week, reduces your risk of heart attack and stroke.

[▶ Learn more about Heart Health](#)

HOMEPAGE ENGAGEMENT MODULE TOPICS/IMAGES



By law, all dogs owned in New York must be licensed and have a license tag attached to their collar while in public.

Learn more about [Dog Licenses](#)



Did your favorite diner make the grade? All restaurants are graded according to how well they comply with the food safety requirements of NYC Health.

Learn more about [Restaurant Inspections](#)



There are three ways to get a certified copy of your birth certificate: mail, online or in-person.

Learn more about [Birth Certificates](#)



Children's imaginations can take them anywhere; that's why apartments with small children are required by law to have window guards. They're the best way to prevent serious falls.

Learn more about [Window Guards](#)

Keep quitting, New York! More New Yorkers quit smoking each year. Between 2003 and 2008, smoking-related deaths fell 11% in NYC.

Learn more about [Smoking and Tobacco Use](#)



Breastfeeding lowers both the mother's and baby's risk of diabetes. And breastfed babies are less likely to become obese later in life.

Learn more about [Pregnancy](#)



For obese adults, losing even 10 pounds can improve overall health and decrease the risk for many obesity-related diseases.

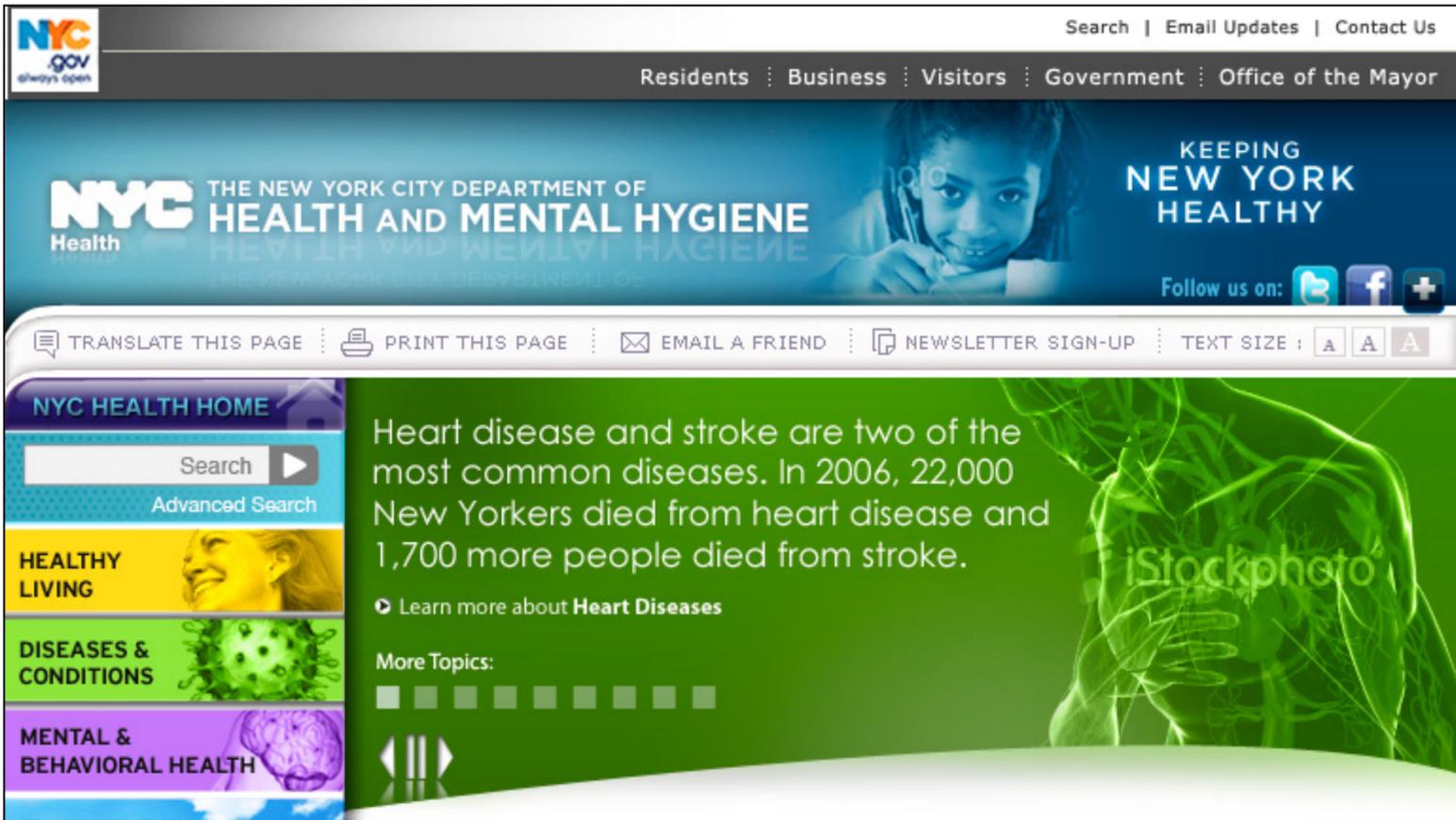
Learn more about [Nutrition and Physical Activity](#)



Walking, dancing, climbing stairs—many daily activities count as exercise. Being active for 30 minutes a day is important for your health.

Learn more about [Nutrition and Physical Activity](#)





If you have diabetes, keeping your blood sugar, blood pressure and cholesterol in check and not smoking will help prevent serious complications.

Learn more about [Diabetes](#)



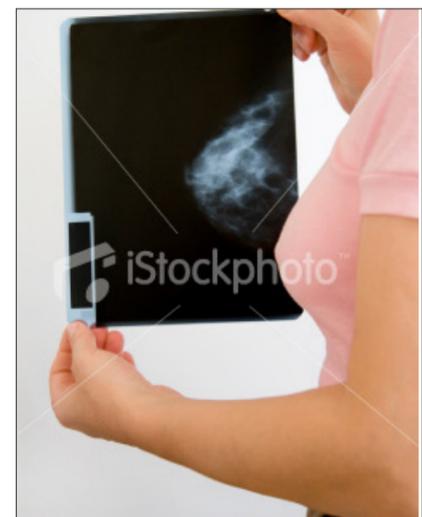
Athletes who play high-contact sports such as basketball, soccer and football are at higher risk for getting MRSA, a kind of Staph infection.

Learn more about [MRSA](#)



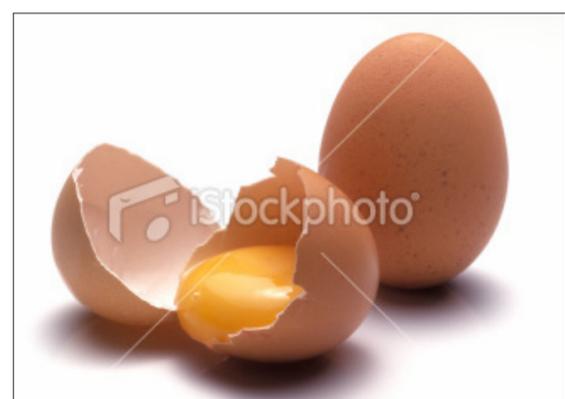
Breast cancer kills about 1,260 people in NYC every year. Getting a mammogram if you're a woman over the age of 40 can catch cancer at an early stage.

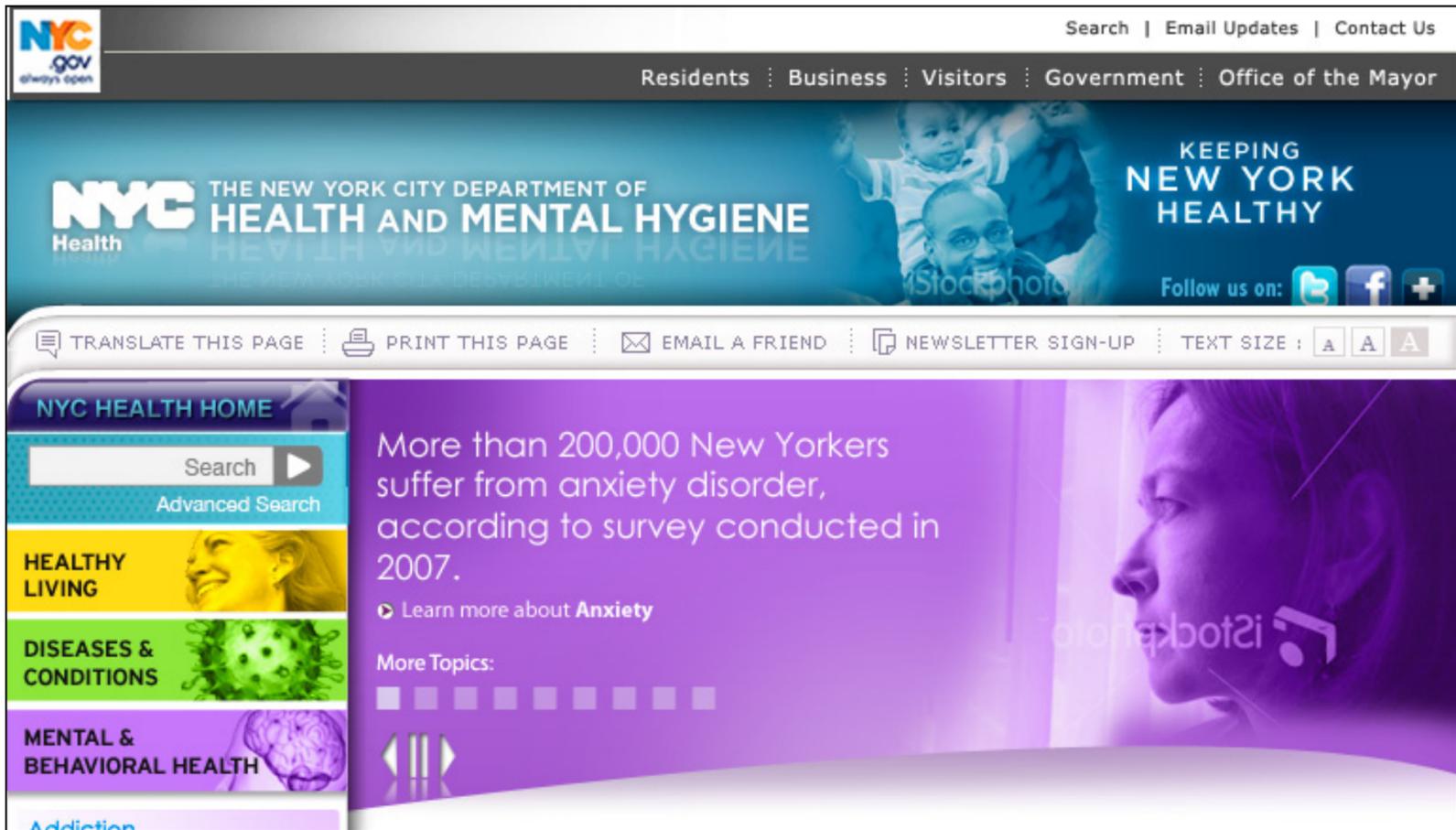
Learn more about [Breast Cancer](#)



Salmonella can be found in raw meat and poultry, eggs and unpasteurized milk and cheese. It can cause salmonellosis, a serious infection.

Learn more about [Salmonellosis](#)





Postpartum depression—changes in mood, difficulty concentrating, sadness—affects about one in ten women after their baby’s birth.

Learn more about [Postpartum Depression](#)



Craving alcohol and the inability to stop drinking once a person has begun are two signs that someone might be dependent on alcohol.

Learn more about [Substance Abuse/Dependence](#)



In NYC, 14.4% of Hispanic high school girls and 4.7% of white high school girls reported having attempted suicide in 2007.

Learn more about [Suicide](#)



Many things can cause stress like losing a job, credit card bills or even getting stuck in traffic. Learning where stress comes from can help you deal with it.

Learn more about [Stress](#)





On average, more Americans die from heat waves than all other natural disasters combined. Be prepared when hot summer weather hits.

Learn more about [Heat Illness](#)



Asthma is a lung disease that makes it hard to breathe. It can't be cured, but it can be controlled so people with asthma can live active, normal lives.

Learn more about [Asthma](#)



Asbestos can still be found in older materials including pipes, ceiling and floor tiles, car brakes, roofing materials and more.

Learn more about [Asbestos](#)



Bed bug bites can leave small bumps or large itchy welts and usually appear where skin is exposed during sleep.

Learn more about [Animal Safety/Insect & Pest Control](#)



A first aid kit, flashlight and iodine tablets are a few of the items that belong in a Go Bag. All NYC families should make one in case of an evacuation.

Learn more about [Natural Disaster Preparedness](#)



Special clinics where many people can get antibiotics or vaccines during a major health emergency are called Points of Dispensing.

Learn more about [Points of Dispensing](#)



Knowing the facts and thinking critically about where your information is coming from can help you feel calm during a terrorist attack.

Learn more about [Terrorism and Mental Health](#)



If you're in a building during a collapse or explosion, get out as quickly as possible. If you can't get out, get under a sturdy table or desk.

Learn more about [Explosions](#)

