# Childbirth Education CLASSES

The Women's Health Center at Jacobi Medical Center offers a series of 3 classes to help you prepare for the birth of your baby. You will learn about labor and delivery, postpartum, and infant care. A new series of classes is offered each month.

You can attend on Tuesday evenings or Friday mornings. It's best to start in your 7<sup>th</sup> month.



## November 2015

Tuesdays: 5:45pm- 8pm November 3<sup>rd</sup>, 10<sup>th</sup> & 17<sup>th</sup> Building #8, 3rd Floor, Area 3A

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#### December 2015

Fridays: 1:45pm - 4pm December 3<sup>rd</sup>, 10<sup>th</sup>, & 17<sup>th</sup> Building #8, 3rd Floor, Area 3A

# To pre-register and for more information, please call Ellen Walk at (718) 918- 6391

Fee: These is a one-time charge of \$10/series for Jacobi and HHC patients; \$45 for all other patients

Supported by the Jacobi Medical Center Auxiliary, Inc

### JACOBI MEDICAL CENTER